



RMGS NEWS

6th February 2026

Key Messages

Key Dates

End of Term 3 –
Friday 13th February

Term 4 begins on
Monday 23rd February

Yr 9 & 10 Ski Trip

Yr 7 Open Mornings –
ABFL – Tuesday 10th
February
NPRS – Wednesday 11th
February

It has been a joyous week as our staff and students continue to prepare our young people for their next steps.

On Wednesday, during lunch duty, it was wonderful to see our staff and students enjoying the winter sun. Many students shared the wide range of learning they have been engaged in this week. I was especially pleased to hear Alfie in Year 9 deliver his English speech on the impact of AI. I was impressed by his confidence and the way he articulated his ideas. It was also encouraging to see our Year 11 students focused and revising in the library.

On Thursday, we welcomed Year 9 parents and students to Parents' Evening. It was fantastic to hear about the wide variety of option choices our students have selected and the possible career paths they are interested in. I was particularly impressed by the level of research our students have undertaken when selecting their options. A huge well done to Year 9 for their positive approach to their GCSEs. Thank you to all Year 9 parents for attending Parents' Evening; this partnership is an important part of supporting our young people to achieve their full potential.

On Friday, I had the honour of meeting students across Years 7–13 who have been awarded a Headteacher's Certificate for a wide range of achievements across the school. It was a pleasure to recognise students in Years 9, 10 and 11 for their outstanding effort and contributions in English. I was also delighted to award our first-ever F1 in Schools teams. It was fascinating to hear from the team about the importance of aerodynamics when building their F1 cars — I was incredibly impressed by their knowledge and passion. A huge thank you to Ms Spinola (STEM Co-ordinator) for promoting and leading F1 in Schools.

It was also a pleasure to take part in Student Parliament and to listen to feedback on key priorities this year, including belonging and community. It was refreshing to hear such a wide range of student-led initiatives and ideas to ensure that all young people at RMGS feel seen and heard.

We wish you a thoroughly enjoyable weekend and look forward to welcoming our school community back on Monday.

Yours sincerely,

Mrs A Hart
Headteacher



RMGS NEWS





RMGS NEWS

Kent Schools Table Tennis Individual Championships

We were incredibly proud to take 36 students to compete at this year's Kent Schools Individual Table Tennis Championships, with events across the U13, U16 and U19 age groups for both boys' and girls' competitions. The standard of play was extremely high, and our students rose to the challenge, representing the school with skill, determination and excellent sportsmanship throughout the day



Once again, RMGS continues to lead the way in championing girls' sport 🌟. In a sport traditionally dominated by boys and with low female participation at all levels, our students made up an outstanding 80% of the girls competing across the championships. This is a huge achievement and a clear reflection of our commitment to creating inclusive opportunities and pathways for all students 🙌

There were a number of standout individual performances across the age groups. In the U13 boys' competition, Eoin L produced an excellent run to reach the Cup semi-final 🏆. The U16 boys also impressed, with Oliver W reaching the Plate semi-final and Hudson Y progressing to the Cup quarter-final. The highlight on the boys' side came in the U19 Cup, where Maxwell A delivered a dominant performance to take 🥇 Gold — a fantastic achievement, he now qualifies for the National finals in Wolverhampton. 🕒

The girls' competitions were equally impressive and showcased real strength in depth 🌟. In the U13 Cup, Olivia V claimed 🥈 Silver, closely followed by Sienna S who secured 🥉 Bronze. The success continued in the U16 Cup, with Anabelle C earning 🥈 Silver and Andromeda J taking 🥉 Bronze after some high-quality matches. In the U16 Plate, Kate M battled her way to 🥈 Silver, while Brooke T completed a brilliant set of results with 🥉 Bronze 🌟

These performances reflect not only individual success but the continued growth and strength of table tennis within our school. Congratulations to every student who took part — your commitment, resilience and enthusiasm made this a hugely successful championship 🙌 🙌

Mr C O'Neill
Head of PE



RMGS NEWS





RMGS NEWS

YEAR 7 TOP STUDENTS FOR R-POINTS LAST WEEK

Monday, 26th - Friday 30th January

TEDDIE O- 7N- 92

EVALYN B- 7F- 61

THEO N- 7B- 53

SAMUEL R- 7S- 51

**WELL DONE TO 7R FOR THE HIGHEST
ATTENDANCE FOR LAST WEEK!**

The English Department took over 190 of our Year 11s to see Poetry Live at the Apollo Theatre. Students heard the poems that they are studying for their GCSE read and some insight about them by poets such as Simon Armitage, Carol Ann Duffy and a sing song with John Agard. Some students and staff also got a photograph with Imtiaz Dharker!





RMGS NEWS

How to help at home with ...

Handwriting part 4

Good handwriting relies on fine motor dexterity. Choose activities that fit around pocket money jobs:

1

Help in the kitchen:
Using spray bottles
Using circular motions with a cloth
Emptying dishwasher, stacking plates and sorting cutlery

2

Help with laundry:
Pegging out washing
Folding Clothes
Matching Socks

3

Tidying:
Sorting Toys
Putting lids on containers
Making the bed
Hanging clothes on hangers

4

Pet Care:
Opening packets
Opening Tins
Brushing pets
Scooping food

5



RMGS NEWS

F1 in Schools sponsor shoutout!

Smooth OperRacer's would like to give a huge thank you to '**Lucas First Aid Training**' for being our first sponsor with a very generous donation towards the team. We are very proud to be sponsored by a company who do so much good in the community, educating others on how to save lives. Visit them at <https://lfat.co.uk/>

We would also like to give a massive thank you to '**Hodsall Data & Security**' for being Smooth OperRacer's second sponsor and Light Speed's first sponsor. Hodsall Data & Security is run and managed by engineers with an emphasis on providing bespoke security and data solutions. Visit them at <https://www.hodsall.com/>

We are very excited to announce '**Phinia**' have joined us as a sponsor for Smooth OperRacers as their third sponsor! Phinia are advancing sustainability today by creating a fuel-efficient, premium quality portfolio to constantly move towards greater sustainability. Visit them at: <https://www.phinia.com/>

Smooth OperRacers are on a roll with their fourth sponsor! '**PG platforms**' are a power access company providing hiring services across Kent and Medway with even some self-drive options as well as IPAF operators. Visit them at: <https://www.pgplatforms.co.uk/>

'**La Bella Boutique**' is Light Speed's second sponsor and Smooth OperRacers fifth. They are locally based in Gillingham providing prom and evening dresses with fittings. They are currently taking bookings for prom so Year 11 and 13's, take a look! They only provide 1 dress style per school so you will be one of a kind. They are also currently advertising for students to leaflet for the business in return for a discount! Find them on Facebook and Instagram: <https://www.facebook.com/p/La-Bella-Boutique-100093228790088/> and <https://www.instagram.com/labellaboutique.1/>

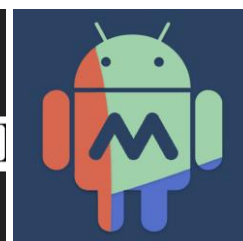
'**Macrodroid**' is our newest sponsor being Smooth OperRacers sixth sponsor and Light Speed's third. It is an organisational app for Android which can aid with organising files and sending automated responses to messages etc. Visit them at: <https://www.macroid.com/>



Lucas First Aid Training



HODSALL
DATA & SECURITY





RMGS NEWS



**RMGS is competing in our first ever
STEM Racing event, sponsored by
Formula 1.**

**If you would like to be a team sponsor, please fill
in the form below. Sponsorship rates are on the
following page.**

<https://forms.office.com/e/1sdpzjbzeN>

Follow our teams progress on Instagram



@LIGHT_SPEED.F1




@SMOOTHOPERRACERS



RMGS NEWS



STEM RACING

Formally F1 in Schools 

[Click here](#) to find out more about the competition!

Sponsorship rates:

Bronze £25	Silver £50	Gold £75	Platinum £100
<ul style="list-style-type: none">✓ 1 post on social media✓ 1 post in School newsletter	<ul style="list-style-type: none">✓ 2 posts on social media✓ 2 post in School newsletter✓ Small logo on Team shirts	<ul style="list-style-type: none">✓ 3 posts on social media✓ 3 posts in School newsletter✓ Medium logo on Team shirts	<ul style="list-style-type: none">✓ 5 posts on social media✓ 5 posts in School newsletter✓ Large logo on Team shirts✓ Logo on the competition car

Follow our teams progress on Instagram



@LIGHT_SPEED.F1



@SMOOTHOPERRACERS



CAREERS CORNER

Year 7

Introduction to careers: Unifrog; PSHE; Trips

Contact Mrs Williams for any help with your Career ewilliams@rmet.org

Understanding Careers : Unifrog ; Career Talks; Career Fair; linking subjects to careers; Careers assembly; Trips; PSHE

Year 8

Year 9

Linking Subjects to Careers : Career Fair; GCSE Choices; Unifrog; Career Talks; Careers assembly; Trips; PSHE

Research Post 16 Career Options : Work Experience; Career Fair; Career 1-2-1 meetings; Career Talks; Careers assembly; Trips; PSHE

Year 10

Year 11

Post 16 Choices: GCSE Exams; Career Fair; Career 1-2-1 meetings; Career Talks; Careers assembly; Trips; PSHE

Post 16 options

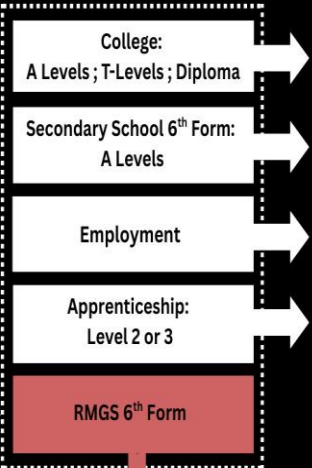
Post 18 Career Choices: Work Experience; Career Fair; Career 1-2-1 meetings; Career Events & Trips; Career Talks; Careers assembly; PSHE

Year 12

Year 13

Post 18 Career Decision: UCAS; Open Days; Career Fair; Career 1-2-1 meetings; Career Events & Trips; Career Talks

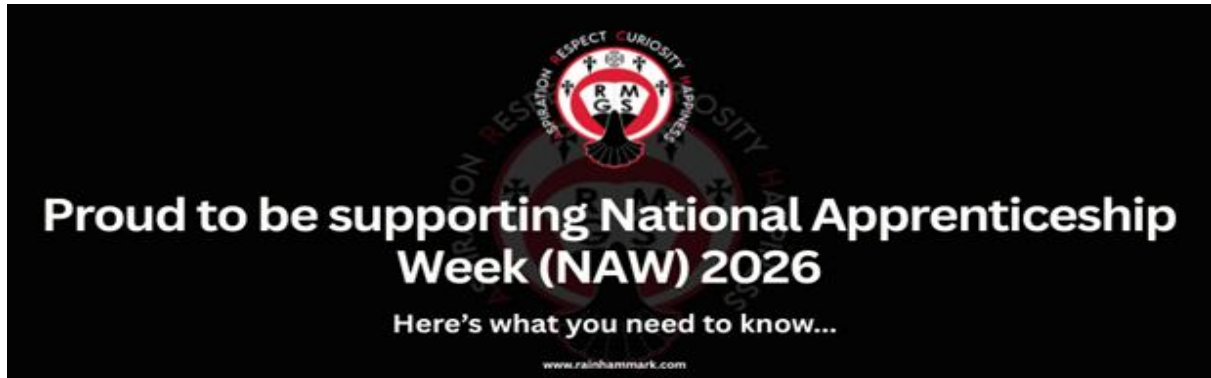
Post 18 options



Your Career Journey & Options



CAREERS CORNER



Apprenticeships are real jobs with real employers, allowing you to work, earn a salary and gain valuable qualifications and experience. Apprenticeships offer choice, opportunity, qualifications, support and a head start into a future career. At RMGS we share and support as many different Apprenticeship Opportunities as possible for our Year 11 and Year 13 students. To find out more about Apprenticeships - watch this short video: <https://www.amazingapprenticeships.com/resources/the-apprenticeship-assembly-film/>

What are Apprenticeships: Special parent and carer webinar.

This session is designed to help parents and carers feel confident supporting the young people in their lives as they explore these options.

By joining this webinar is suitable for Parents and carers supporting their children to apply for apprenticeships, you will:

- Understand what apprenticeships are and how they work.
- Explore how to support your child to consider, search and apply for apprenticeships.
- Know what support and resources there are to help you.

https://us02web.zoom.us/webinar/register/WN_z9nXeVikR_ms19MHWGpokq#/registration





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Please click here to find out more about each of the 7 Apprenticeship Levels :
[https://www.amazingapprenticeships.com/wp-content/uploads/2025/06/Rapid-Read Apprenticeship-Levels-Explained.pdf](https://www.amazingapprenticeships.com/wp-content/uploads/2025/06/Rapid-Read_Apprenticeship-Levels-Explained.pdf)

NAW2026

I'M INTERESTED IN APPRENTICESHIPS...WHAT NOW?

- Build your knowledge : Book a Careers 1-2-1/ Build your CV / list your skills
- Understand the different Apprenticeship levels
- Search vacancies using all the help on the RMGS Apprenticeships website
- Research employers via the RMGS website resources / career fairs / employer websites and social media.
- Get ready to apply using the guides and tips on the RMGS website

www.rainhammark.com



For help and support on all of this please visit the RMGS Apprenticeship website :
<https://www.rainhammark.com/page/?title=Apprenticeships&pid=426>

NAW2026

Apprenticeship facts...

- All apprentices will earn a salary.
- Most apprenticeships typically take between 8 months and 6 years to complete.
- Apprenticeship levels range from level 2 (foundation and intermediate) through to level 7 (master's level).
- Apprentices do not pay for their training.
- Apprentices receive paid off-the job training.
- There are now nearly 700 apprenticeship standards.
- Apprentices will spend the majority of their time on-the-job.
- There are thousands of apprenticeship roles covering a wide range of job roles.



Linking subjects to Apprenticeships:

See our full range of resources to help you link subjects you like with Apprenticeships :
<https://www.rainhammark.com/page/?title=Apprenticeships&pid=426>

Careers Facebook Group

Keep in the loop with all the latest Career Opportunities via our Private Careers Facebook Group "RMGS Careers"

<https://www.facebook.com/groups/25615966937989346/>




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Career Support is available for ALL students in ALL years

- ALL students can book a Career 1-2-1 meeting by emailing ewilliams@rmet.org
- Resources can be found on our website for parents/carers & students : <https://www.rainhammark.com/page/?title=Careers&pid=223>
- What can my child do post 16? <https://www.rainhammark.com/page/?title=Post+16+Choices&pid=386>
 - What can my child do to Post 18?

<https://www.rainhammark.com/page/?title=Post+18+Career+choices+%2D+what+to+do%3F&pid=375>

- Why is it so important for me to know about Labour Market Information? Understanding Labour Market Information (LMI) helps our students be aware of where different job roles are needed in different regions and which types of jobs may need more people in the future. This can help shape or influence career pathways and choices : <https://www.rainhammark.com/page/?title=Labour+Market+Information&pid=370>
- The Career Teams page enables all students to keep up to date with news and opportunities



Post 16 Career Choices - know your Levels

Level 3 :
A Levels * BTEC Diploma * NVQ Level 3 * Advanced Apprenticeship


Level 4 :
Year 1 University or * Certificate in Higher Education * Higher National Certificate * NVQ Level 4 * Higher Apprenticeship

Level 5 :
Year 2 University or * Diploma in Higher Education * Foundation Degree * NVQ Level 5 * Higher Apprenticeship

Level 6 :
Year 3 University or * Degree Apprenticeship * Degree with or without Honours * NVQ Level 6

Level 7 :
Masters Level * Masters Degree * NVQ Level 6 * Degree Apprenticeship

www.rainhammark.com



Career provision at Rainham Mark Grammar School

All students:

- Start to have access to Unifrog from Year 7 - 13.
- Embedded Careers Programme across all Years
- Access to Career 1-2-1 meetings with our Careers Adviser
- Access to Career Resources and updates via Website, After School Career Surgeries, Careers office, Careers Teams page, Lessons, Form Time and Assemblies
- Opportunity to become a Career Champion for their year
- Have one subject and one PSHE lesson per term which is Career specific.
- Opportunity to input into Career provision via annual audit
- Career Fair in January run until 4pm for all students
- Work Experience in Year 10 and 12
- Enrichment week in July with focus on careers
- School Wide designated Career Week in November
- Access to a programme of Talks after-school delivered by Businesses and Organisations on their Career Pathways and Industries.
- At least one Assembly from an Apprenticeship provider
- All SEND students offered priority careers 1-2-1 meetings with Mrs Williams

www.rainhammark.com

Latest Career Opportunities

There have been some wonderful career opportunities this week – so please go and check these out by visiting our website:

<https://www.rainhammark.com/page/?title=Latest+Career+Opportunities&pid=369&action=saved>

Career Programme

Find out what Career Events we are planning this year via our Live Careers Calendar :

<https://www.rainhammark.com/page/?title=Our+Careers+Provision+KS3%2C+KS4+%26amp%3B+KS5&pid=371>

Term Dates - September 2025 to July 2026

Term 1

Monday 1st September 2025 - Friday 17th October 2025

INSET days: Mon 01/09/25

Half Term Break: Monday 20th October 2025 – Friday 31st October 2025

Term 2

Monday 3rd November 2025 – Friday 19th December 2025

Early finish for students: Friday 19th December

Christmas Break: Monday 22nd December 2025 – Friday 2nd January 2026

Term 3

Monday 5th January 2026 – Friday 13th February 2026

INSET days: Mon 05/01/26

Half Term Break Monday 16th February 2026 – Friday 20th February 2026

Term 4

Monday 23rd February 2026 – Thursday 2nd April 2026

Easter Break Friday 3rd April 2026 – Friday 17th April 2026

Term 5

Monday 20th April 2026 – Friday 22nd May 2026

(Bank Holiday Monday 4th May 2026)

INSET days: Mon 20/4/26

Half Term Break Monday 25th May 2026 – Friday 29th May 2026

Term 6

Monday 1st June 2026 – Friday 24th July 2026

Early finish for students: Wednesday 22nd July

INSET days: Thurs 23/07/26 & Fri 24/07/26



RMGS Extra-Curricular Clubs 2025-26



Monday

Lunch

BigClinic
6th Form -Q1

Christian Union
All -A3

Computing Club
All – D1

Crochet & Knitting
All – L2

DT NEA Clinic
Y10-13 -N5

Law Society
L1

Maths Clinic
All – HY

Music Tech Club
All – E2

String Group
All – Recital Hall

Trombone choir
All – E1

KS4 Book club
Y10 & 11 – R4

LAMDA
Y9 & 10 – R3

Tuesday

Art Club
KS4 & KS5 – R2

Computing Club
All – D1

Creative iMedia Club
Y10 & 11 – D1

Engineering Society
N5

F1 in Schools
Team members – N5

Geography Clinic
All – D6

Horrifically Horrible History
Club
KS3 – F6

LAMDA
Y7 & 8 – R3

Maths Clinic
All – HY

KS4 & KS5 Art Club
Y10,11,12,13 – R2

MedSoc
6th Form – Q1

Philosophy Club
Y7 & 8 – H5

Take it Further
Y10 – R4

Wind Band
All Recital Hall

Wednesday

Business/Economics
Support
KS5 – J1

Chemistry Clinic
Y12 & Y13 – M6

Chess/Puzzle Club
All – HZ

Choir
All – Recital Hall

Computing Club
All – D1

DT NEA Clinic
Y10-13 -N5

Eco Club
All – D2

LAMDA
Y7 & 8 -R3

Level Up Club
Y11 – R4

Maths Clinic
All – HY

Music Support Session
All – E2

Psychology Support
Week 2 Y13 – G2

RMGS Girls Rights Society
All – R2

Scrabble Club
All – L3

The Mark All – L6

Thursday

Black History Month Club
All – R1

Book Club
KS3 – R4

Brass Group
All – Recital Hall

Computing Club
All – D1

Computer Science
KS4 & KS5 – D5
(after Oct half term)

Creative Ambassadors
Week 1 – R1

Maths Clinic
All – HY

Origami Club
All – N1

Public Speaking
Y9 & 12 – R2

Psychology Support
Week 1 Y13 – G2

Quantum Physics
Y7-11 – M9

Ukulele Club
All – E1

Friday

Bohemian Society
All – E1

Carnival Club
All – R2

Computing Club
All – D1

Debate Club
All – L2

Diversity Team
All – C4

DT NEA Clinic
Y10-13 -N5

German
6th Form – B2

Maths Clinic
All – HY

Politics Society
HZ

Sociology Club
Week 1 Y13 – G5

Just Dance
All – Dance Studio



RMGS Extra-Curricular Clubs 2025-26



Monday

Tuesday

Wednesday

Thursday

Friday

Before School

After School

National Theatre Connections
KS4 & KS5 – A3
3.15pm-4.15pm

Jam Club
All – Music Block
3.10pm-4.10pm

LAMDA
Y9 & 10 – R3

French Cine Club

LAMDA
Y7 & 8 – R3

Arts Award Club
All -A2
3.15pm-4.15pm

GCSE Art Intervention
Y10 & 11
3.15pm-4.15pm

GCSE Astronomy
Y9, Y10 & y11 – M7
3.15pm-4.45pm

GCSE English Intervention

LAMDA
Y7 & 8 – R3

Shakespeare Schools
Festival
KS3 – A3

Tabletop Gaming Club
All – R3
3.05pm-4.05pm

Big Band
All- Recital Hall
3.10pm-4.10pm

Sociology Club
Y13 Week 2 – G2
3.10pm-3.40pm



RMGS PHYSICAL EDUCATION EXTRA-CURRICULAR TIMETABLE



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 7:30 – 8:15					BASKETBALL CLUB Y7 / 8 / 9 / 10 SQUADS GRA
BREAK 10:55 – 11:15	BASKETBALL SHOOTING CLUB Y7 / 8 <i>(sports hall)</i> (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y7 / 8 <i>(sports hall)</i> (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y7 / 8 <i>(sports hall)</i> (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y9 / 10 / 11 / 6 TH <i>(sports hall)</i> (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y9 / 10 / 11 / 6 TH <i>(sports hall)</i> (DUTY STAFF)
LUNCH 1:30 – 2:00	BASKETBALL CLUB Y7 / 8 <i>(sports hall)</i> GRA FITNESS CLUB ALL YEARS <i>(sports centre)</i> JWI	TABLE TENNIS CLUB Y7 / 8 / 9 <i>(top gym)</i> CON FITNESS CLUB ALL YEARS <i>(sports centre)</i> MAL	TABLE TENNIS 10 / 11 / 6 th <i>(top gym)</i> CON FITNESS CLUB ALL YEARS <i>(sports centre)</i> JSH	BASKETBALL CLUB Y9 / 10 / 11 <i>(sports hall)</i> GRA	BADMINTON CLUB Y7-10 <i>(sports hall)</i> JWI FITNESS CLUB ALL YEARS <i>(sports centre)</i> ALO
AFTER SCHOOL 3:05 – 4:30	FOOTBALL CLUB Y7 BOYS & ALL GIRLS CON/ALO/GRA/JWI NETBALL SQUAD TRAINING (ALL YEARS) JSH/MAL	DofE FITNESS CLUB MAL	CROSS COUNTRY & FITNESS CLUB (ALL YEARS) JSH RUGBY CLUB Y7 & Y8 CON	6 th FORM BADMINTON GRA/ALO	

If you are attending a lunch club you are able to receive a fast track lunch pass from the PE department. Please bring your planner to the PE office at break to be signed.

Any questions please ask a member of the PE Department.