



Inside this issue

Headteacher's message

Key dates

Key messages

RMGS Clubs

Term dates

Key Dates

Tuesday 30th January

Yr8 Open Morning

Yr9 Parents Evening

Wednesday 30th January

Yr9 Parents Evening

Upcoming Extra Curricular Activities

Wednesday 31st January

Yr8 Netball Tournament at Rainham School for Girls

Friday 2nd February

Yr11 Poetry Live Trip



RMGS NEWS

Week Beginning 29th January 2024

Key Messages

Dear all

Thank you to the RMGS community for the wide range of activities that we have held this week. The Year 9 careers fayre had an enjoyable and engaging atmosphere. Thank you to Mr Frost (Assistant Headteacher), Mrs Jewiss (Cover Supervisor), Dr Squillaci (Teacher of Science), and Mrs Napier (Assistant Headteacher) for leading and organising this event. There were so many positive comments about the behaviour of our students and how engaged and enthusiastic they were. Thank you to Mr Brown and the Year 8 pastoral team for supporting the Year 8 Parent Open Morning. It was a good opportunity to see Year 8 parents and to see the excitement that our students had to show their parents around the school site. We had positive feedback, with parents commenting on how engaged our students are. Another commented on how young and enthusiastic all our staff are. I am guessing this applies to all of us regardless of our age. Thank you to Mr Coker (Head of Year 9), Mr Frost, and Mrs Napier for organising the Year 9 Options event, this was so well attended by our Year 9 parents and provided us with the opportunity to talk to parents and discuss the needs of the year group, following feedback we will be holding a Year 9 Open Morning and will share the details of this with you soon.

I am so pleased to share with you the press release from the Inclusion Quality Mark that RMGS received following our IQM inspection in term 2. We have successfully received flagship status for our work on Equality, Diversity, and Inclusion. As a school belonging is at the heart of what we do, our staff and students work collaboratively to build an inclusive community. We know that building inclusive communities is a journey and that it is important that we continue to be reflective in our practice and to have the courage to discuss difficult topics about diversity and inclusion. I want to thank our whole school community for supporting our mantra of belonging. As a reflective school, it is also important for our wellbeing to recognise when we are moving in the right direction. Thank you to Mr Smith (Assistant Headteacher – SENCO) for working collaboratively with staff and the wider school on inclusion and the IQM inspection.

[Rainham Mark Grammar Achieves Flagship Status | IQM \(iqmaward.com\)](#)

Have an enjoyable weekend.

Mrs A Hart
Headteacher



RMGS NEWS

Key Messages Continued

Kent Schools Cross Country Championships Saturday 20th January 2024

We had a number of students who took part in the Kent Schools Cross Country Championships last weekend. They were representing the district of Medway and performed to the best of their ability. Some highlights included, Abigail R in the senior girls finished 4th and now will represent Kent in the English Schools in March. Naveen D in the intermediate girls finished 16th and has been selected to represent Kent in the Inter counties. Well done to all who took part, they have all been awarded an R4 for their efforts. The results are as follows from Rainham Mark Students. Ms Nott

Year 7 girls

Andromeda J 68th



Year 7 boys

Jack G 26th

Noah N 56th

Ethan M 86th

Cassius C 87th



Year 8/9 girls (Junior)

Ava G 74th

Year 8/9 boys (Junior) 11th Team

William M 54th

William P 61st

Ashton W 63rd

Harry S 86th

Jamie B 108th



Year 10 /11 girls (Intermediate)

Naveen D 16th

Jessica O 36th

Year 10/11 boys (Intermediate)

Josh R 33rd

Year 12/13 girls (Senior) 2nd team

Abigail R 4th





RMGS NEWS

Key Messages Continued

Year 7 Shout Outs!

Edie M S7 & Erin N N7 — 'Being Free' competition entries



P7 — Last week everyone was on time — Well Done!

Positive Reward Points — TOP 5

Faith U — L7 — 206

Sophie E — B7 — 186

calvin N — R7 — 183

Erin N — N7 — 180

LUCAS K — B7 — 175

Well Done to B7 who had the highest attendance this week!



Invigilators Required

We are looking to recruit new invigilators to join our experienced team for the Summer 2024 exam season. Please click the link below if you are interested and would like more information.

<https://www.rmet.org/page/?title=Exam+Invigilators+%2D+RMGS&pid=148>



RMGS NEWS

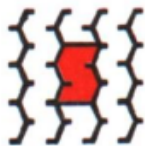
Key Messages Continued

Year 9 Student and Form of the Fortnight

Congratulations to Heath G in A9 who was named as 'Student of the Fortnight' in Year 9 for 15th-26th January. Heath achieved 59 reward points over the fortnight, particularly excelling in DT, Maths, Spanish, Science, History and Geography.

The Form of the Fortnight is B9 for receiving 250 reward points, but also to recognise the continued excellent efforts of Phoebe O, Adam M, Owen T, Florence P and Allegra J.

Best wishes,
Mr D Coker (Head of Year 9)



THE ROTARY CLUBS OF THE MEDWAY TOWNS

The Medway Young Musicians Awards 2024



The Medway Young Musicians Awards provide an opportunity for eight of Medway and Gravesham's young musicians to give solo performances in concert conditions before an audience, which in 2024 will be at The GlassBox Theatre, MidKent College, Gillingham on Friday 26th April 2024.

The Awards are open to those living in or attending schools or music education in the Medway and Gravesham Borough Council areas who are aged 17 or under on 1st September 2023 and are playing or singing at least at Grade 7 or 8 standard in any music genre. The initial audition round will take place at RMGS in the Music Department's Recital Hall.

RMGS has had great success in this competition over the years, with multiple finalists, runners up, and winners.

Any students interested in auditioning should contact Miss Smallwood for an application form.

Applications need to be submitted by 31st January 2024.

The Mark's Student Writing Competition

Unleash your creativity and submit a piece of writing to The Mark's first ever student-led competition

Your entry must be a maximum of 1000 words in the form of either a:

- Poem
- Short Story
- Article

Entries will be judged by our student writers and awarded Best in each form for Junior (Year 7-10) and Senior (Y11-13) sections

Winners will be published in 'The Mark's' next edition and receive **prizes**, including **R points** for all entries

Deadline: 18/02/24

Email submission with name, form and title of the piece to
TheMark@rmet.org

Questions: f7mcapolupo@rmgs.org.uk





RMGS NEWS

Key Messages Continued

Eco Club Notices

- We are currently running a new trial scheme for the Uniform Bank, as an alternative to the previous order form. There is now a rail of uniform available for students to browse in a quiet corner of the school library, with a range of sizes and items available. Students will be able to access the rail at break and lunch, with volunteers replenishing the stock so that there's always plenty of uniform available. As before, all items are completely free with no obligations attached. Please encourage students to see what we've got, and make the greener choice today!
- Please continue to donate your clean plastic bottles for our plastic bottle greenhouse project, students can drop these off in the blue box by the top-up point by the main hall.
- The shortage of loyalty cards has now been sorted, and there are plenty now available from the hot food hatch! Students receive stamps every time they use a thermos or ask for a mug for their hot drink (instead of a single use cup), and for every time they bring their own Tupperware for the main meal (instead of a single-use takeaway box)- when 6 stamps have been obtained, students get a free hot drink!
- We are collecting unwanted confectionary/biscuits/crackers tubs left over from Christmas and New Year, to donate them to Greene King who recycle the plastic to raise money for Macmillan Cancer Support. These can be dropped off along with everything else, in the blue box by the main hall. Here's the link if you'd like to find out more and see the guidelines: <https://www.tub2pub.co.uk/tub2pub/>

If you have any questions about these initiatives, please don't hesitate to ask. Steph Clarke (Head Student, Eco Lead) s7sclarke@rmgs.org.uk



Children's Mental Health Week 5th -11th February

We will be raising awareness of the value of talking openly about mental health in PSHE lessons this term as part of Children's Mental Health Week. This year's theme is Your Voice Matters. Along with our wellbeing information found here [RMGS Mental Health and Wellbeing](#) we thought you might find the following guide helpful.

The Pastoral Team

My VOICE MATTERS

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT
YOUR DAY

WHAT WAS THE BEST
THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR
ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO
TO HELP YOU?



RMGS NEWS

Key Messages Continued



Duke of Edinburgh Support Sessions – FAO: Y10 to Y12 Bronze Award Students

There will be eDofE support sessions taking place every Monday 3:15-4:15pm in M8 for those students in Y10, Y11 & Y12 that require assistance or guidance with completing their Awards. Our aim is to provide opportunities for you to ask questions and provide clear instructions of what is left outstanding. This should enable all students to have completed the award this academic year.

If you have any questions please see Mr O'Neill in the PE office.



Thank you for
your interest in
our Sixth Form.

Please apply
using our online
application
process by
clicking the link
below.



RMGS Sixth Form Application



Applications
must be
completed by
12.30pm on 16th
February 2024.

You can begin
your application
and return to
complete it at a
later date.

[CLICK HERE TO APPLY](#)



Medway Culture Club
Presents...

MCC Rhythm & Rhyme

Amplifying the voices of the future.

Poetry, storytelling and spoken word workshop

Saturday 3 February 2024

Drop off
10:30am

Pick up
1:00pm

Cultural
Lunch

WOODLANDS YOUTH CENTRE
WOODLANDS ROAD
GILLINGHAM, KENT. ME7 2BX

Book Online
www.MedwayCulture.Club

Ages
5-16

£8
per
child



SCAN ME



RMGS NEWS

Key Messages Continued

- > Free easter.hols
- > Online
- > Music Technology Courses

Friday 5th April 2024

For ages 9-18

Beginner and Intermediate Courses

Learning production techniques and how to make music electronically



For full details and to apply visit

www.medwaymusicassociation.co.uk



Easter Music Courses 2024

2nd - 4th April

Rainham Mark Grammar School

For more details and to apply visit
www.medwaymusicassociation.co.uk

For any enquiries

info@medwaymusicassociation.co.uk





RMGS SPORT



PE Department Sport Website: <https://sports.rainhammark.com/>



RMGS PHYSICAL EDUCATION EXTRA-CURRICULAR TIMETABLE

TERM 2



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK 10:55 – 11:15	BASKETBALL SHOOTING CLUB Y7 / 8 (sports hall) (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y7 / 8 (sports hall) (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y7 / 8 (sports hall) (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y9 / 10 / 11 / 6 TH (sports hall) (DUTY STAFF)	BASKETBALL SHOOTING CLUB Y9 / 10 / 11 / 6 TH (sports hall) (DUTY STAFF)
LUNCH 1:30 – 2:00	BASKETBALL CLUB Y7 / 8 (sports hall) GRA	BASKETBALL CLUB Y9 / 10 (sports hall) GRA TABLE TENNIS CLUB ALL YEARS (top gym) CON	FITNESS CLUB Y7 / 8 (sports centre) ALO BADMINTON CLUB Y11 GCSE <u>invite only</u> (sports hall) SP / CON	ORIENTEERING CLUB KS3 (sports hall) MAL	BADMINTON CLUB Y7 / 8 (sports hall) JWI
AFTER SCHOOL 3:05 – 4:30	TRAMPOLINING CLUB Y7 / 8 SP FITNESS CLUB Y9 / 10 / 11 (sports centre) ALO	NETBALL SQUAD TRAINING Y 7-10 (optional Y11) SP / KNO Y7 RUGBY CLUB (Field) CON	CROSS COUNTRY & FITNESS CLUB (ALL YEARS) KNO	NETBALL 4 ALL Y7 / 8 / 9 MAL / JWI	

If you are attending a lunch club you are able to receive a fast track lunch pass from the PE department. Please bring your planner to the PE office at break to be signed.

Any questions please ask a member of the PE Department.



RMGS SPORT

PE Department Sport Website: <https://sports.rainhammark.com/>

Sports Results



Rainham Mark Grammar School
Results Summary
Mon 08 Jan 2024 - Fri 26 Jan 24

Action Netball

Time/Date	Team	Venue	Opponent	Result	Type	Report
15:30 Tue 16 Jan 24	Girls-U14A	Away	Leigh Academy Rainham	Won : 28 - 4	League	
15:45 Tue 16 Jan 24	Girls-U12B	Away	Leigh Academy Rainham	Won : 8 - 2		

Basketball

Time/Date	Team	Venue	Opponent	Result	Type	Report
15:45 Wed 10 Jan 24	Mixed-U15A	Away	Holcombe	Lost : 42 - 43	League	
15:45 Wed 10 Jan 24	Mixed-U13A	Away	Howard School	Lost : 29 - 31	League	
15:45 Thu 11 Jan 24	Mixed-U15A	Away	Victory Academy	Won : 33 - 24	League	
15:45 Mon 15 Jan 24	Mixed-U14A	Away	Howard School	Won : 20 - 0	Regional Cup	
15:45 Tue 16 Jan 24	Mixed-U13A	Away	Leigh Academy	Post : -	League	
15:45 Thu 18 Jan 24	Mixed-U15A	Away	Leigh Academy	Post : -	League	
15:45 Thu 18 Jan 24	Mixed-U13A	Home	Holcombe	Won : 80 - 26	League	
15:45 Mon 22 Jan 24	Mixed-U14A	Away	Hundred of Hoo	Won : 20 - 0		

Football

Time/Date	Team	Venue	Opponent	Result	Type	Report
14:30 Tue 09 Jan 24	Boys-U12A	Home	Dover Grammar School for Boys	Lost : 1 - 6	County Cup	
14:15 Thu 18 Jan 24	Boys-U13A	Away	Tunbridge Wells Grammar School for Boys	Won : 4 - 0	ESFA Rd 6	

Sports Fixtures



Home List Month Week Today Today's Teams Start Date 26 Jan 24

Mon 29 Jan 2024	14:30	Football U13A	v Howard Of Effingham School	H
Wed 31 Jan 2024	08:35	Action Netball U13A, U13A	v Rainham School for Girls	A
Thu 1 Feb 2024	15:30	Action Netball U16B	v Walderslade Girls' School	H
	16:00	Basketball Mixed U13A	v NTC and Thamesview	tbc
Mon 5 Feb 2024	15:45	Basketball Mixed U13A	v Greenacre	A
Wed 7 Feb 2024	15:45	Basketball Mixed U15A	v Greenacre	A



RMGS NEWS

RMGS NEWS

RMGS NEWS

RMGS NEWS

RMGS NEWS

RMGS NEWS

RMGS NEWS

RMGS NEWS

RMGS CLUBS

RMGS EXTRA CURRICULAR CLUBS 2023-24					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH TIME	Buzz Club 1:40pm - 2:05pm The Well String Group Recital Hall Music Technology - E2 KS4 iMedia 1:20pm - 1:40pm D1 KS3 Computing 1:20pm - 1:40pm D1	MedSoc (Year 13 until Jan) 1:40pm - 2:05pm Q1 Junior Wind Band Recital Hall KS4 & KS5 Art Club - R2 KS4 iMedia 1:20pm - 2:05pm D1 Eco Club 1:30pm - 2:00pm - D2 KS3 Computing (HW and catch up) 1:20pm - 1:40pm D1 Sixth Form Book Club (1 st Tuesday of every term) L1	Chess Club 1:20pm - 2:05pm - HZ Ukulele Club - E1 Year 11 D&T NEA support clinic KS3 Art Club - R2 KS4 iMedia 1:20pm - 1:40pm - D1 KS3 Computing (HW and catch up) 1:20pm - 1:40pm - D1 A Level Chemistry Clinic 1:35pm - 2:00pm - M6 Scrabble Club - L3 Music Support - E2 Sparx Club - N6	Arts for Wellbeing (All years) - R2 Year 7 & 8 Airingers (Drone club) - DT Brass Group - Recital Hall KS3 Computing (HW and catch up) 1:20pm - 1:40pm - D1 KS4 iMedia 1:20pm - 2:05pm - D1 Buzz Club 1:40pm - 2:05pm The Well Quantum Physics 1:35pm - 2:05pm - M9	KS4 iMedia 1:20pm - 1:40pm D1 Diversity Group 1:35pm C4 KS3 Computing (HW and catch up) 1:20pm - 1:40pm D1 Debating Society 1:30pm - 2:00pm L2
AFTER SCHOOL	Homework Club 3:15pm - 4:15pm Library Tabletop Gaming Club (formerly D&D) 3:15pm - 4:30pm F3	Homework Club 3:15pm - 4:15pm Library Science Club 3:15pm - 4:15pm M5 Jam Club 3:15pm Music block	Homework Club 3:15pm - 4:15pm Library GCSE Astronomy 3:15pm - 4:45pm M7 Bronze & Silver Arts Award Club 3:15pm - 4:15pm	Homework Club 3:15pm - 4:15pm Library Big Band 3:15pm Music Block Shakespeare Schools' Festival 3:15pm - 4:15pm	Homework Club 3:15pm - 4:15pm Library



RMGS NEWS

Term Dates 2023-2024

Term 1	INSET - Thursday 31st August 2023 – no students INSET – Friday 1st September 2023 – no students Start Monday 4 September 2023 Finish: Friday 20 th October 2023 INSET – Thursday 5th October – no students October break (2 weeks): Monday 23/10/23 – Friday 03/11/2023
Term 2	Start: Monday 6 th November 2023 Finish: Wednesday 20 th December 2023 Christmas break: Thursday 21/12/23 – Tuesday 02/01/24
Term 3	Start: Thursday 4 th January 2024 Finish: Friday 9 th February 2024 INSET – Wednesday 3rd January 2024 – no students Half term break: Monday 12/02/24 – Friday 16/02/2024
Term 4	Start: Monday 19 th February 2024 Finish: Thursday 28 th March 2024 Easter break: Friday 29/03/2024 – Friday 12/04/2024
Term 5	Start: Monday 15 th April 2024 Finish: Friday 24 th May 2024 Bank Holiday: Monday 06/05/2024 Half term break: Monday 27/05/2024 – Friday 31/05/2024
Term 6	Start: Monday 3 rd June 2024 Finish: Friday 19 th July 2024 INSET – Tuesday 2nd July 2024 – no students