

Sex and Relationships Education- moving from Year 6 to Year 7

Sex and Relationship Education (SRE) is taught at RMGS through PSHE lessons. At primary school, the main focus of Sex and Relationship Education has probably been on positive relationships, friendships and families. Year 6 students may have covered the areas below in relationship education or in science lessons. It would be beneficial if your child has also covered the following over the summer if these were not covered at primary school:

- The main external body parts of male and female
- The changes in the human body from birth to old age
- The changes that adolescence brings (puberty)
- Reproduction in plants and animals
- How a baby is conceived and born

The following resources from KS2 BBC bitesize may help prepare your child if there are any knowledge gaps in the above and form the basis for discussion or support for discussion. They consist of short video clips or cartoons explaining the main theme and notes and some have a short quiz.

What is a life cycle? <https://www.bbc.co.uk/bitesize/topics/zgssgk7/articles/zwn6mnb>

How do humans change during their lifetime?

<https://www.bbc.co.uk/bitesize/topics/zgssgk7/articles/z2msv4j>

Growth and Change <https://www.bbc.co.uk/bitesize/clips/z9hxp4>

How we change as we grow older <https://www.bbc.co.uk/bitesize/clips/zh2jmp3>

How do flowering plants reproduce? <https://www.bbc.co.uk/bitesize/topics/zgssgk7/articles/zqbcxfr>

Reproduction in flowers <https://www.youtube.com/watch?v=493WeySyf-8>

How do animals reproduce? <https://www.bbc.co.uk/bitesize/topics/zgssgk7/articles/z9xb39q>

Horse giving birth <https://www.bbc.co.uk/bitesize/clips/zdfpyrd>

Human reproduction <https://www.bbc.co.uk/bitesize/clips/zpmqxn timer>

Reproduction and body parts https://www.youtube.com/watch?v=-ekRRuSa_UQ

Mr Price

Head of PSHE