

## RMGS CURRICULUM MAP PSHE

CURRICULUM INTENT
<p>PSHE education helps pupils to develop the knowledge, skills and attributes they need to manage the opportunities, challenges and responsibilities they will face as they grow up. By teaching pupils to stay safe and healthy, and by attempting to build self-esteem, resilience and empathy, and by highlighting and supporting career opportunities an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged students.</p> <p>There is evidence to show that PSHE education can address teenage pregnancy, substance misuse, unhealthy eating, lack of physical activity, emotional health as well as a vehicle for careers education.</p> <p>The Education Act 2002 and the Academies Act 2010 states schools must provide a 'balanced and broadly-based curriculum' which promotes <i>'the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life'</i>.</p>

	Termly Curriculum Overview					
Year Group	Autumn 1	2	Spring 3	4	Summer 5	6
7	Qualities: Who do I admire? Dealing with new situations and a new school. What is bullying?	Friendships: Good and bad and how they affect us. Online safety: How do we stay safe online?	Puberty and changes Smoking: What are the dangers? Alcohol: What it is and what are its effects?	British Values: What are they? Parliament and how laws are made. Rights and responsibilities.	Diet and Nutrition. What is a healthy diet?	Contraception: What is it? What is a healthy relationship? Families, types of families and why they matter.
8	Self Esteem: What it is why it matters. Friends and how they influence us. Staying safe online.	Staying safe: The dangers of gangs. Police powers stop and search. Knife Crime. Drugs and alcohol and their effects. Cannabis and ecstasy.	British values: Democracy and tolerance and why they matter. Political parties: What are the main UK parties. Extremism and Racism.	Healthy diet food groups Eating Disorders: Bulimia Eating Disorders: Anorexia Body image and why it matters.	Sugar: Its effect on our health. Advertising and how it influences us. Body image and the media. Introduction to careers and academic choices.	Sexual Identity. Sexual Rights and Responsibilities. Sex Myths. What is consent? What is a healthy relationship?

9	Mood Board and my interests. Different qualifications- GCSE, BTEC, NVQ. GCSE Options Subjects and careers. KUDOS Careers research.	What is a business and how is it structured? RMGS GCSE options. Alcohol: What is a unit and what are its effects on health? Ketamine. What it is and what is its effect? Other drugs including Nitrous Oxide and Cannabis.	Sexuality and gender: What they are and how do we define them? Stereotypes and sexual prejudice.	Consent and the Law. Relationship communication: What it looks like in a healthy relationship. The Law and Sexual Offences-Rape, Sexual Assault, Assault with Penetration, Sexting.	The law and Courts. What happens in a criminal trial. What is pornography and what impact does it have? Sex/body image in the media: How does the media impact our view of beauty?	STIs: What they are and what are the main risks? Methods of Contraception including Condom, Pill, IUD, IUS, Femidom.
10	Consent and the law: Ched Evans case. Sexual offences.	Pornography and the law. Porn addiction and its impact.	STIs Chlamydia, Genital Warts, Genital Herpes, Gonorrhea, Syphilis, HIV. How they are caught and what are their symptoms.	Online safety money. Radicalisation and extremist views.	What is mental illness? Mental wellbeing.	KUDOS Careers and Qualifications research. Careers and career pathways. What qualifications do I need for my possible career?
11	Post 16 Options and choices. Howard School, Rainham Girls and RMGS. CVs and letters for work experience. Application forms for 6 <sup>th</sup> forms.	Qualifications A Levels, BTECS and Vocational. What are the differences and where might I go? Applications to 6 <sup>th</sup> form complete min of two.	Interviews and preparation. Interview questions asked and answers. Apprenticeships: What they are and how you learn.	University and degrees. What they are and what I may need. Applying for work experience. Using my CV and letter.	World of Work: Regulations, pay, tax and bank accounts. Money and interest rates. Job hunting websites for vacancies.	

12	Careers programme KUDOS Introduction and registering for UCAS Hub.	Extremism and Radicalisation. The law and drugs. Synthetic Cannabis (Mamba). The problems of Cocaine.	Case studies involving consent sexual assault and rape on campus.	University or apprenticeship? UCAS/Apprenticeships research CVs and applications	Preparation for post 18 Application Days and the mock interview.	Mock Interviews and feedback
13	Course research. Personal statements.	UCAS application form. Interviews and interview preparation. Typical Interview questions for courses and jobs.	Selection process tests and group interviews Proctor and Gamble. Student Finance for University.	Application for SFE. Credit cards, Bank accounts and Budgets. Typical problems and solutions.	Accommodation choices at University.	