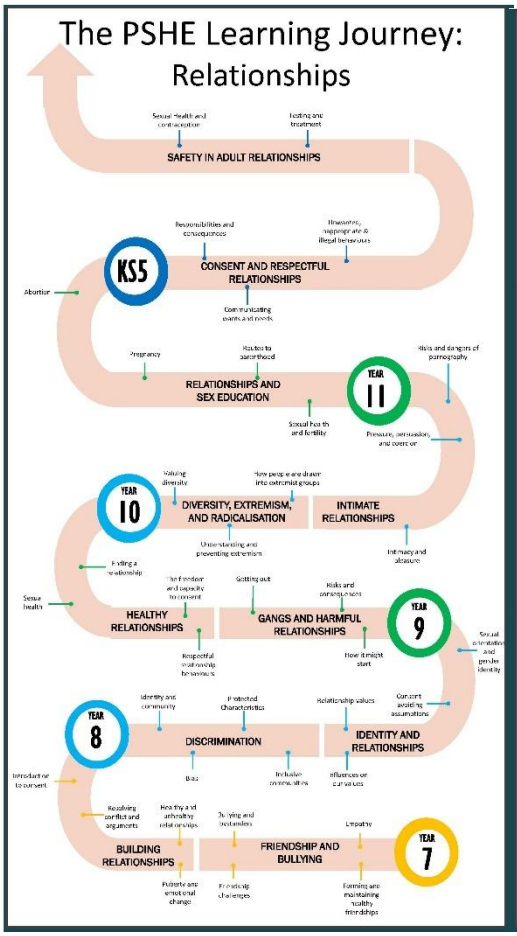
CURRICULUM MAP

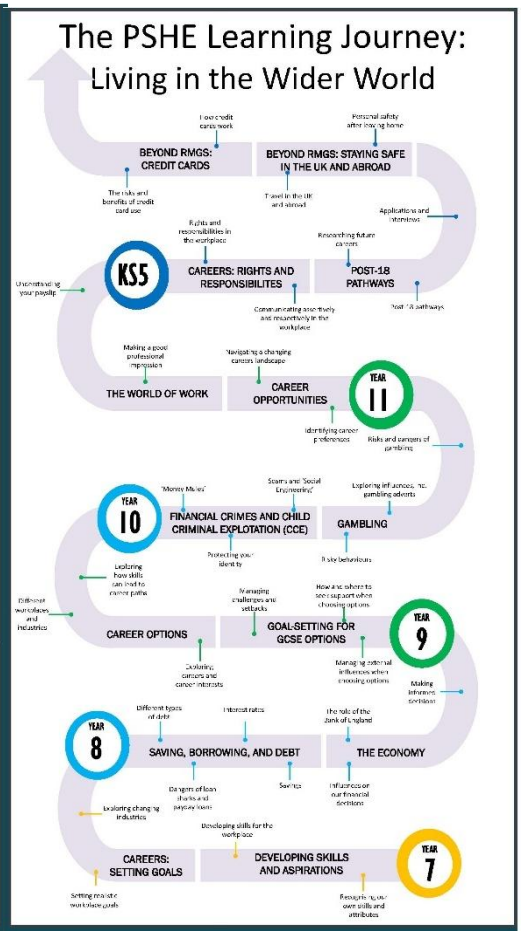
Personal, Social, Health and Economic (PSHE)

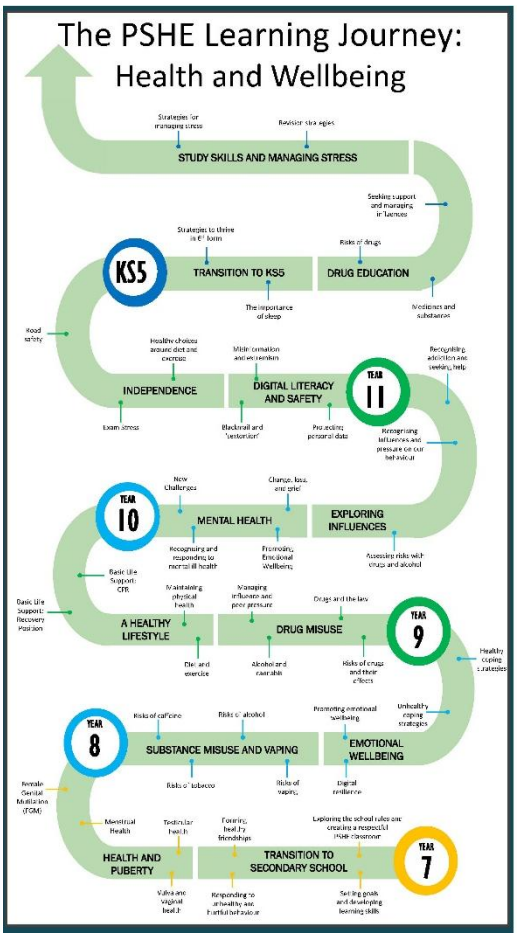
Intent:
In PSHE students develop the knowledge, skills, and attributes they need to manage their lives, now and in the future. It empowers children and young people to stay healthy and safe, whilst also preparing them to make the most of life and work, and for their role as future adult citizens.

All PSHE lessons fall under one of 3 Core Themes. 'Health and Wellbeing', 'Relationships', and 'Living in the Wider World'.

Below are small images of the PSHE Learning journeys, set out across these 3 core themes. The full-sized versions are on the school website.







Key stage 3

At KS3, PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence, and their increasing independence.

YEAR 7	Topic 1: Transition to secondary	Topic 2: Friendship and bullying	Topic 3: Developing skills and aspirations	Topic 4: Health and puberty	Topic 5: Building relationships
Key Knowledge	Transition to secondary school, new friendships, and respecting others	Friendship challenges, bullying, and over-chastisement.	Careers, teamwork and enterprise skills, and raising aspirations	Healthy routines, influences on health, puberty, menstruation. Testicular and vaginal health. Female Genital Mutilation (FGM)	Healthy and unhealthy relationships. An introduction to consent.
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics				
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.				
Connections with careers	Topic 3 has a specific focus on Careers and careers education. However, the PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.				
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.				

YEAR 8	Topic 1: Substance misuse and vaping	Topic 2: Discrimination	Topic 3: The economy, money, and financial risk	Topic 4: Emotional wellbeing	Topic 5: Identity and relationships
Key Knowledge	Caffeine, alcohol, and tobacco misuse and the pressures surrounding their use.	Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Financial decision-making including saving, borrowing, debt, and interest rates	Mental health and emotional wellbeing, including body image and coping strategies	Gender identity, sexual orientation, consent, sharing intimate photos, and deepfakes
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics				
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.				
Connections with careers	Topic 3 has a specific focus on Careers and careers education. However, the PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.				
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.				

YEAR 9	Topic 1: Drug use	Topic 2: Exploring career interests	Topic 3: Respectful relationships	Topic 4: Healthy lifestyle	Topic 5: Intimate relationships
Key Knowledge	Use of drugs and their effects, including alcohol and cannabis.	Learning strengths, career options and goal setting as part of the GCSE options process	Healthy and unhealthy relationships and friendships, peer pressure, and dangers of gangs, CSE	Diet, exercise, lifestyle balance and healthy choices, and first aid	Relationships and sex education including the capacity to consent, and sexual health
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics				
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.				
Connections with careers	Topic 2 has a specific focus on Careers and careers education. However, the PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.				
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.				

Key stage 4: GCSE

At KS4, PSHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

YEAR 10	**Topic 1: Mental health**	**Topic 2: Healthy relationships**	**Topic 3: Addressing bullying, extremism and radicalisation**	**Topic 4: Financial and personal risk**	**Topic 5: Exploring influence**
Key Knowledge	Approaching new challenges in KS4, mental health and safeguarding health, including during periods of change.	Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Communities, belonging, bullying, and challenging extremism	The risks in financial decisions: gambling and fraud including techniques using AI	The influence and impact of drugs, gangs, role models and the media
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics				
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.				
Connections with careers	Topic 1 and Topic 3 develop skills vital for career development, including resilience and adapting to new challenges, as well as critical thinking skills. The PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.				
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.				

YEAR 11	Topic 1: Personal safety: Digital Literacy	Topic 2: Communication in relationships	Topic 3: The world of work	Topic 4: Independence	Topic 5: Study skills
Key Knowledge	Digital responsibility, literacy, and staying safe online, including personal data and misinformation.	Sexual health, fertility, and pregnancy outcomes.	Navigating the careers landscape, and making a good, professional impression.	Understanding your payslip. Making independent choices around your health and personal safety, including road safety..	Managing stress and effective revision strategies as we approach exam season
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics				
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.				
Connections with careers	Topic 3 has a specific focus on Careers and careers education. However, the PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.				
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.				

Key stage 5: A Level

At KS5, PSHE education reflects the needs of young adults, focusing on careers, personal safety, and healthy adult relationships to support students during their time at RMGS and as they prepare for life beyond school.

YEAR 12	Topic 1: Transition to KS5	Topic 2: Readiness for work	Topic 3: Religion in the UK	Topic 4: Respectful relationships	Topic 5: Drug Education
Key Knowledge	Support to help thrive during KS5, and the importance of sleep.	Rights and responsibilities, future careers and post-18 pathways. Applications and interviews	Created by the RS department to explore religion, philosophy, and ethics	Positive relationships and recognising abuse. Communicating wants and needs. Consent and abuse.	Risks and consequences and seeking support with drug use. Medicines and substances. Staying safe when travelling.
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics				
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.				
Connections with careers	Topic 2 has a specific focus on Careers and careers education. However, the PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.				
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.				

YEAR 13	Topic 1: Sexual health and safety in adult relationships	Topic 2: Beyond RMGS- Independence and safety	Topic 3: Religion in the UK	Topic 4: Study skills and managing stress
Key Knowledge	Sexual health, pornography, and digital consent.	Staying safe including travel in the UK and abroad. Credit cards and debt.	Created by the RS department to explore religion, philosophy, and ethics	Managing stress and effective revision strategies as we approach exam season.
Key Subject Skills	Case study analysis, individual and group mind-mapping, group discussion, evaluating and appraising situations, research, reflecting on our own understanding of topics			
Personal development:	PSHE meets statutory requirements of PSHE, RSE, and online safety throughout the curriculum.			
Connections with careers	Topic 2 has a specific focus on Careers and careers education. However, the PSHE coordinator also regularly meets with Careers coordinator to establish whole-school initiatives, including assemblies and form time activities.			
Home support	The intent of PSHE at RMGS is for a whole-school approach. This includes all teachers and pastoral leads playing a role, but also the vital input of parents and carers too. PSHE staff and parents/carers are all focused on the safety and wellbeing of students. Our first and last PSHE teachers are our families; everything from being taught to say “please” and “thank you” and how to brush our teeth, to advice on job interviews and on paying their first bills, all falls under PSHE education. Parents can support PSHE education from school by answering questions students may have. Some topics students may find particularly challenging and may wish to speak to family as well as school staff. All PSHE lessons also signpost additional support, such as helpful websites or local agencies, and parents can support us by helping students to access that additional support if students have continuing questions and concerns.			