MEDICAL SCHOOL INTERVIEWS

The 2027 Medical School Interview Starter Guide

Practical frameworks, university-specific insights, MMI strategies and current NHS knowledge for aspiring UK medical students.

WHAT THIS GUIDE BUILDS

Reasoning, reflection, communication and judgement



15 MEDICAL SCHOOLS

University-specific prompts based on current official guidance

Prepared by Medily · University-specific MMI preparation

Ready to turn preparation into performance?

RESOURCES FROM
£6.70 / WEEK
Focused interview preparation

Everything you need to learn, practise and experience your medical school interview preparation in one place.

LEARN

MEDILY INTERVIEW RESOURCES

Focused guides covering Medical Ethics, Medical Case Studies, Station Techniques, NHS Constitution, NHS Hot Topics, Interview Tips and university-specific preparation.

PRACTISE

MEET MAYA

Practise university-specific MMI stations, receive structured feedback, identify strengths and areas to improve, and learn from an optimised answer where supported.

EXPERIENCE

LIVE MOCK MMIs

Live online practice with medical-student interviewers, realistic station timing, university-specific materials and personalised feedback.

UPCOMING LIVE MOCK MMIs

Choose a session that fits your interview timeline. Availability shown below reflects the supplied schedule.

OCTOBER	NOVEMBER	DECEMBER
Sun 11 Oct - 9am-1pm	Sat 7 Nov - 9am-1pm	Sat 5 Dec - 9am-1pm
Sat 17 Oct - 9am-1pm	Sat 14 Nov - 9am-1pm	Sat 12 Dec - 9am-1pm
Sat 24 Oct - 9am-1pm	Sat 21 Nov - 9am-1pm	Sat 19 Dec - 9am-1pm
Sat 31 Oct - 9am-1pm	Sat 28 Nov - 9am-1pm	Sun 20 Dec - 9am-1pm
		Sun 27 Dec - 9am-1pm

Seats available | Limited seats | Fully booked

YOUR LIVE MOCK INCLUDES

University-specific station preparation | Live interview practice | Medical-student interviewers
Realistic timing | Personalised feedback | Structured learning points

START PREPARING WITH MEDILY - www.medily.co

Learn with Medily resources. Practise with Maya. Experience realistic live mock MMIs.

Medily is an independent preparation platform and is not affiliated with any university.

Everything you need.
One clear starting point.

Use the guide in order, or jump straight to the section you need. The Medily preparation pathway and live mock MMI dates are on page 2.

02 **MEDILY PREPARATION + LIVE MOCK MMI DATES**
Resources, Maya, live mock MMIs and October-December availability.

04-13 **01 INTERVIEW FOUNDATIONS**
Welcome, interviewer lens, answer structure, motivation, reflection, ethics, role play, explaining information and teamwork.

14-21 **02 NHS & INTERVIEW KNOWLEDGE**
NHS foundations, 2026 hot topics, patient safety, difficult questions, interview habits, practice stations and self-assessment.

22-31 **03 UNIVERSITY-SPECIFIC PREPARATION**
Why tailoring matters plus 15 medical-school profiles based on current official guidance.

32-36 **04 YOUR NEXT STEPS**
Preparation plan, Medily pathway, sources and the final Medily preparation page.

HOW TO USE THIS GUIDE

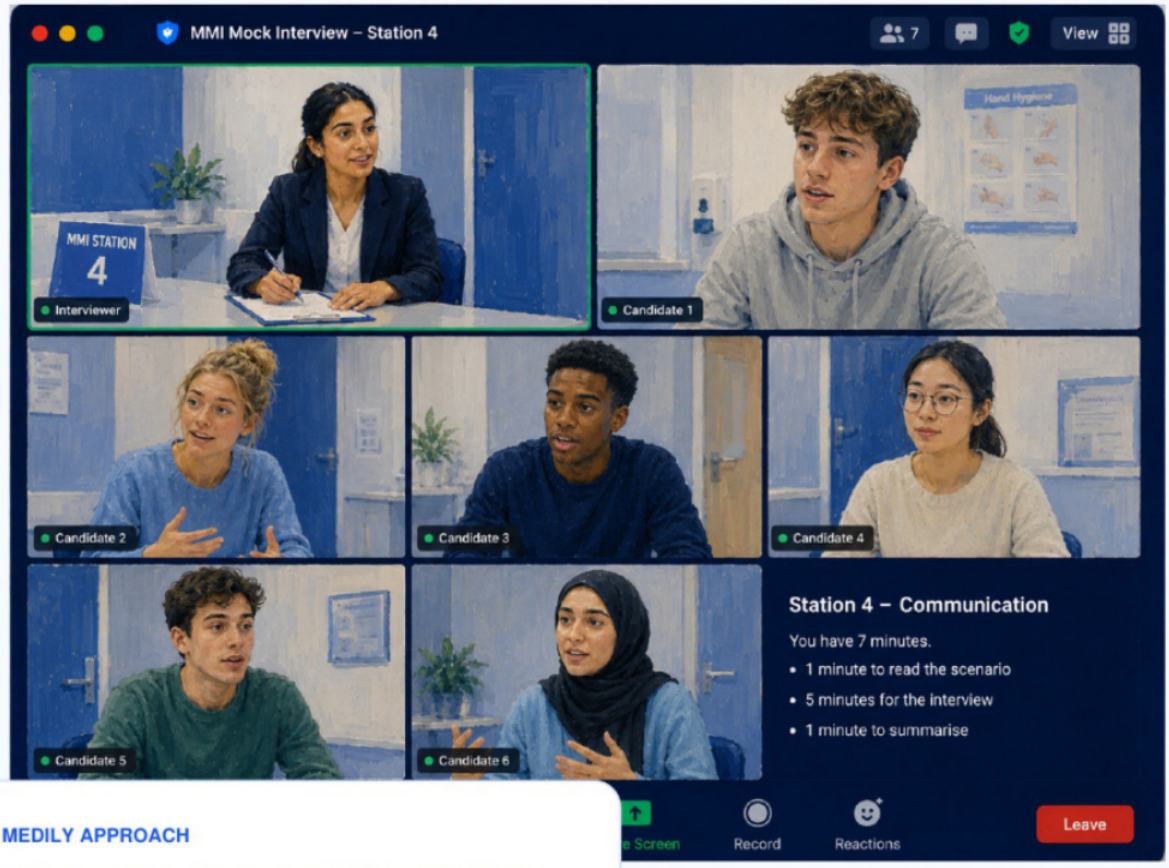
Read a technique. Close the PDF. Answer aloud. Then return and compare your reasoning.

Passive reading is not interview practice.

SECTION 01

Interview foundations.

Build a repeatable way to reason, reflect and communicate - without sounding scripted.



MEDILY APPROACH

Learn the principle. Practise it aloud. Then tailor it to the university in front of you.

START HERE

Interview preparation, without the overwhelm.

An MMI is a series of short stations designed to sample different skills and behaviours. The topic may change, but the underlying task is usually consistent: think clearly, communicate with purpose and show insight into medicine.

1

LEARN

Understand the concept behind the station - ethics, communication, professionalism, NHS or reflection.

2

STRUCTURE

Use a flexible framework to organise your answer without sounding formulaic.

3

PRACTISE

Answer aloud under time pressure. Improvement comes from retrieval and repetition, not rereading.

Do not memorise model answers. Universities may deliberately probe, interrupt or change the angle of a question. A prepared thought process is more robust than a prepared speech.

Starting point, not endpoint. Medily combines focused guides, Maya university-specific practice and live mock MMIs for applicants who want to go deeper.



INTERVIEWER LENS

Strong answers aren't just about knowledge.

A polished answer is useful only if it reveals the qualities a medical school is trying to assess. Think of every station as evidence.

COMMUNICATION

Can you make a complex idea understandable, listen to cues and respond to the person in front of you?

REASONING

Can you identify the key issue, weigh competing considerations and justify a conclusion?

REFLECTION

Can you move beyond describing an experience to explain what changed in your thinking or behaviour?

PROFESSIONALISM

Do your choices reflect honesty, patient safety, respect, boundaries and willingness to seek support?

EMPATHY

Can you recognise how a situation may feel to someone else without making assumptions?

MOTIVATION

Do you understand medicine realistically - its rewards, responsibilities, uncertainty and teamwork?

Interviewer lens: after every answer ask, "What evidence did I just give?" If your answer says you are empathetic, reflective or resilient but never demonstrates it, the claim is weak.



QUICK FRAMEWORK

Structure your thinking before speaking.

When a question feels unfamiliar, use this five-step process to stop yourself jumping straight to a conclusion.

01 **Identify the task**
Is this asking for a decision, an explanation, a reflection or a conversation?

02 **Clarify the key issue**
State what matters most and identify information you would need before acting.

03 **Map perspectives**
Consider the patient, family, team, public and system where relevant - not as a list, but as people affected by the choice.

04 **Reason, then act**
Explain what you would do and why. Prioritise safety, communication and appropriate escalation.

05 **Conclude with judgement**
Give a balanced position and acknowledge uncertainty rather than hiding it.

MINI EXAMPLE

Question: Should an NHS service fund an expensive treatment that benefits a small number of patients?

Better starting move: identify the tension between individual benefit, evidence of effectiveness, fairness and finite resources before taking a position. This shows the reasoning before the opinion.



MOTIVATION

Why medicine?
Make it personal, not rehearsed.

"I like science and helping people" is not wrong - it is simply too broad to show why medicine, rather than hundreds of other careers, fits you.

ORIGIN
What first made medicine worth exploring?

EVIDENCE
Which experiences tested or deepened that interest?

INSIGHT
What did you learn about the reality of a doctor's role?

FIT + FUTURE
Why do the responsibilities, learning and human contact continue to suit you?

WEAKER

"I have always loved science and want to help people. Medicine lets me combine both."

Broad claim; little evidence; could apply to many careers.

STRONGER DIRECTION

Volunteering in a care setting showed me that good care depends on communication as well as knowledge. I saw clinicians explain uncertainty, coordinate with others and still make patients feel heard.

Specific insight > evidence > realistic understanding.

GO DEEPER

Explore additional motivation structures, follow-up techniques and worked examples in Medily Interview Tips.

INTERVIEW TIPS



REFLECTION

Turn experience into evidence of growth.

The difference between an average experience answer and a strong one is usually the amount of reflection, not the drama of the story.

S **Situation**
Give only enough context for the interviewer to understand the challenge.

A **Action**
Focus on what **you** did, including communication and judgement.

O **Outcome**
What happened? Be honest if the outcome was imperfect.

R **Reflection**
What did the experience expose about your assumptions, strengths or limitations?

A **Application**
What will you do differently in future - especially in a healthcare team?

Reflection test: delete the first half of your answer. If almost all the useful insight disappears, you may be describing rather than reflecting.

WORKED DIRECTION - TEAM DISAGREEMENT

Spend 20-30 seconds on context, then explain how you clarified the goal, listened to the disagreement, adapted your approach and what you learnt about handling conflict.



MEDICAL ETHICS

Ethics isn't about finding the "perfect" answer.

Ethics stations rarely reward simply reciting four principles. Use principles to organise the competing interests, then connect them to practical action.

AUTONOMY

Respect a person's informed choices where they have capacity and are free from coercion.

BENEFICENCE

Act to promote the patient's welfare and meaningful benefit.

NON-MALEFICENCE

Avoid preventable harm and consider the harms of both action and inaction.

JUSTICE

Consider fairness, consistency and responsible use of limited resources.

1 Clarify facts and capacity

What do we know, and what assumptions must we avoid?

2 Identify stakeholders

Who is affected and what matters to them?

3 Balance principles and duties

Include consent, confidentiality, safeguarding or escalation where relevant.

4 Translate ethics into action

Explain the conversation, support and next steps.

SCENARIO

A competent adult refuses treatment. Explore understanding, reasons, capacity and alternatives; respect informed refusal; document appropriately; and seek senior help if concerns remain.

CONTINUE LEARNING

Explore capacity, consent, confidentiality, safeguarding and professional duties in Medily Medical Ethics Guide.

ETHICS GUIDE



COMMUNICATION

Role-play is about how you make people feel heard.

In role-play, the interviewer is often watching how you respond to emotion. Solving the practical problem too quickly can make the interaction feel dismissive.

O — OPEN
Introduce yourself where appropriate and invite the person to explain what is happening.

E — EXPLORE
Use open questions first; clarify details without interrogating.

A — ACKNOWLEDGE
Name the emotion carefully: "I can see this has been really frustrating."

R — RESPOND
Address what you can, be honest about limits and avoid promises you cannot keep.

C — CHECK
Summarise, check understanding and agree the next step.

AVOID

"Calm down. I'm sure everything will be fine."

Minimises emotion and makes a promise without evidence.

TRY

"It sounds as though the uncertainty has been the hardest part. Would you mind telling me what you have been told so far?"

Acknowledges feeling, then gathers information.



EXPLAINING INFORMATION

Clear beats clever.

Explaining medical information is not a test of how much terminology you know. It is a test of whether the other person can understand and use what you say.

1

ASSESS

Ask what they already understand and what matters to them.

2

CHUNK

Give one idea at a time. Prioritise what is useful now.

3

CHECK

Invite questions and use teach-back rather than "Do you understand?"

EXAMPLE - HIGH BLOOD PRESSURE

Jargon-heavy:
"Hypertension increases cardiovascular morbidity due to chronic vascular strain."

Patient-friendly:
"Blood pressure is the force of blood pushing against your blood vessels. If it stays high over time, it can put extra strain on organs such as the heart, brain and kidneys."

Useful habit: after explaining, ask "Just so I know I explained that clearly, could you tell me in your own words what you understand the next step to be?" This checks your explanation without testing the patient.



TEAMWORK & LEADERSHIP

Show the process, not just the result.

Teamwork questions can test reflection, conflict management, leadership, followership and your understanding of multidisciplinary care.

EXPERIENCE
"Tell me about a time you worked in a team."

CONFLICT
"Describe a disagreement and how you handled it."

LEADERSHIP
"When have you taken responsibility for a group outcome?"

JUDGEMENT
"What would you do if a teammate was not contributing?"

A stronger teamwork answer shows: a shared goal → your role → how you communicated → how you adapted to others → what changed → what you learnt.

HEALTHCARE LINK
Do not end with "teamwork is important in medicine". Explain why: different professionals hold different expertise; safe care depends on information-sharing, role clarity, respect and speaking up when something is wrong.

BUILD YOUR TECHNIQUE

STATION TECHNIQUES



SECTION 02

NHS & interview knowledge.

Know enough to discuss the NHS intelligently, then turn current issues into balanced interview reasoning.



MEDILY APPROACH

Learn the principle. Practise it aloud. Then tailor it to the university in front of you.

NHS KNOWLEDGE

Know the NHS.
Don’t memorise a textbook.

You do not need to memorise NHS organisational charts. You do need enough understanding to discuss values, pressures, trade-offs and patient care intelligently.

CORE PURPOSE
A comprehensive publicly funded health service, with access based on clinical need rather than ability to pay.

PATIENT-CENTRED CARE
Respect, dignity, involvement in decisions, clear information and safe, effective care.

MULTIDISCIPLINARY WORKING
Care is delivered across professions and settings; communication and continuity matter.

FINITE RESOURCES
Good answers can acknowledge both individual patient needs and fair use of limited staff, time and funding.

Six NHS values worth being able to apply

- Working together for patients
- Respect and dignity
- Commitment to quality of care
- Compassion
- Improving lives
- Everyone counts

Interview use: apply the values to the scenario. Connect respect and dignity to listening, accessible information and involving the patient in decisions.



NHS HOT TOPICS • 2026

Know the issue.
Then show judgement.

The best current-affairs answers are balanced: describe what is changing, who benefits, what risks remain, and what evidence or safeguards would matter.

WAITING LISTS & ELECTIVE RECOVERY

What's happening: NHS England reported the overall waiting list at 7.11 million in March 2026, with improvement in 18-week performance.

Think about: capacity, prioritisation, prevention, productivity and the patient impact of long waits.

Possible question: How should the NHS balance reducing waiting lists with quality and staff wellbeing?

AI & DIGITAL HEALTHCARE

What's happening: the 10 Year Health Plan places AI, data and digital access at the centre of NHS reform.

Think about: productivity and diagnostics *versus* bias, privacy, accountability, digital exclusion and clinician oversight.

Possible question: Should AI make clinical decisions?

PRIMARY CARE ACCESS

What's happening: 2026/27 plans continue to focus on same-day management, multiple access routes and increasing GP capacity.

Think about: continuity, triage, workforce, access for digitally excluded patients and pressure elsewhere in the system.

HEALTH INEQUALITIES

What's happening: NHS England's Core20PLUS5 approach targets inequalities affecting deprived and inclusion-health populations.

Think about: equal treatment is not always equitable treatment; barriers differ between groups.

Answer pattern: define the issue > patient/system impact > benefits and concerns > safeguards/evidence > balanced conclusion.

STAY INTERVIEW-READY

NHS HOT TOPICS



PATIENT SAFETY

Learn the lesson, not just the case name.

Patient-safety cases are useful because they show how culture, systems and communication can matter as much as individual knowledge.

MID STAFFORDSHIRE / FRANCIS

Use it to discuss listening to patients, organisational culture, staffing, standards and the importance of speaking up.

GOSPORT / PATIENT VOICE

Use patient-safety inquiries to think about escalation, concerns raised by families and why systems must respond to warning signals.

MARTHA'S RULE

In 2026, Martha's Rule was extended to all maternity settings in England, reinforcing routes for patients/families and staff to request urgent review when deterioration is feared.

THE FIVE QUESTIONS TO ASK ABOUT ANY CASE

1. What happened?
2. Why did it happen?
3. What failed - person, team or system?
4. What changed afterwards?
5. What should a future doctor learn?

KEY INTERVIEW INSIGHT

Extract principles: candour, escalation, listening, human factors, governance and learning culture.

LEARN FROM REAL CASES

Explore landmark UK healthcare cases and the lessons future doctors should take from them.



DIFFICULT QUESTIONS

You don't need to know everything.

You are allowed not to know. What matters is whether uncertainty makes your reasoning collapse or makes you more careful.

1. **PAUSE**
   Take a few seconds. A short pause is better than filling space with an answer you do not believe.
2. **CLARIFY**
   If the question is ambiguous, state the interpretation you are using or ask a focused clarification.
3. **REASON FROM PRINCIPLES**
   Use patient safety, autonomy, fairness, evidence and professional responsibility as anchors.
4. **ACKNOWLEDGE LIMITS**
   "I'm not familiar with the exact policy, so I would not want to overstate it. My approach would be..."
5. **CONCLUDE**
   Give the most defensible judgement you can from the information available.

TRY IT

"Should the NHS prioritise prevention over treatment?"

Avoid a false either/or answer. Prevention can reduce future disease burden, but people who are already unwell still have legitimate needs. Discuss time horizon, evidence, equity and finite resources.



INTERVIEW HABITS

Five habits that improve almost every answer.

Small changes in answer construction can improve almost every station type.

1 **Answer first**

Open by answering the actual question before adding context. This prevents long introductions that never take a position.

2 **Explain WHY**

"I would speak to them privately" is an action. "...because it protects dignity and makes an honest conversation more likely" is reasoning.

3 **Show another perspective**

A balanced answer does not mean refusing to decide. It means showing what competes with your preferred option.

4 **Use examples purposefully**

A personal example earns space only if it proves the point you are making.

5 **Finish with judgement**

End with your decision, learning point or next step so the answer feels complete.

GO BEYOND THE FIVE

Medily Interview Tips and Station Techniques cover additional structures, follow-ups, time-buying and recovery strategies.

INTERVIEW TIPS



PRACTICE MMI

Five stations.
Say them out loud.

Plan for 45-60 seconds, answer aloud, then score yourself on the self-assessment page.

ETHICS

A competent adult refuses treatment their family wants. How would you approach it?

Think about: Autonomy - communication - capacity

MOTIVATION

What part of being a doctor may you find most difficult, and why?

Think about: Realism - self-awareness - coping

COMMUNICATION

A patient feels ignored after a long wait and wants to complain. Respond.

Think about: Empathy - listening - next steps

NHS / HOT TOPIC

What opportunities and risks does AI create for the NHS?

Think about: Balance - safety - equity - accountability

TEAMWORK

A teammate repeatedly misses deadlines and the group is falling behind. What would you do?

Think about: Communication - fairness - leadership

ONE WORKED PLAN - AI IN THE NHS

Define the use > weigh benefits and risks > identify safeguards > conclude with balanced, accountable judgement.

KNOWING IS NOT THE SAME AS ANSWERING

Practise applying the framework aloud to university-specific MMI stations with Maya.

PRACTISE WITH MAYA

SELF-ASSESSMENT

Score the answer.
Then improve one thing.

Use this after every practice station. A score is only useful if it leads to one specific change next time.

	1	2	3	4	5
Structure					
Clarity					
Reasoning					
Empathy					
Balance					
Relevance					
Reflection					
Delivery					

ONE THING I DID WELL

ONE THING I WILL CHANGE



SECTION 03

University-specific preparation.

Generic MMI technique is the foundation. Strong applicants then research the school, the course and the published interview they may actually sit.



MEDILY APPROACH

Learn the principle. Practise it aloud. Then tailor it to the university in front of you.

UNIVERSITY-SPECIFIC

Generic preparation only gets you so far.

Two applicants can know the same ethics framework and still need different preparation because medical schools publish different formats, course structures and priorities.

GENERIC PREPARATION

Learn how to answer an ethical question.

Build reasoning, communication and reflection skills that transfer across interviews.

UNIVERSITY-SPECIFIC

Apply those skills to the interview you may actually sit.

Know the published format, understand the course, recognise explicit values, and connect your own evidence intelligently.

FORMAT

MMI, panel, assessment day, online/in person, station length and tasks may differ.

COURSE FIT

Teaching style, placements, research, intercalation and student opportunities create better "Why us?" evidence.

EXPLICIT PRIORITIES

Some schools publish interview domains or NHS-values criteria. Use those, rather than guessing.

PERSONALISATION

University fact -> why it matters to you -> evidence from your experience -> future connection.



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

MMI

Imperial College London

WHAT THE SCHOOL SIGNALS

Imperial's 2027 course page confirms MMIs. It explicitly lists NHS Constitution values, motivation/understanding of medicine, empathy, work/community activity, leadership and teamwork as interview criteria.

WHY THIS SCHOOL?

Integrated MBBS/BSc; strong science-clinical integration; major London teaching sites. Research how the compulsory BSc and scientific focus fit your learning goals.

PREP SMARTER

Prepare evidence for NHS values and teamwork. Re-read your application because the personal statement may be referred to.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not make "prestige" or London your main reason for applying.

Official source basis: Imperial 2027 Medicine course + Faculty admissions pages

UNIVERSITY PROFILE

MMI • up to 8 × 5 min

UCL

WHAT THE SCHOOL SIGNALS

UCL states up to eight five-minute stations and an NHS-values-based approach. Published marking areas include academic curiosity, motivation, problem solving, professional attitudes, teamwork/leadership and communication.

WHY THIS SCHOOL?

MBBS BSc with a strong scientific and socially responsible professional focus. Explore research culture, intercalated BSc options and the way UCL integrates science with clinical development.

PREP SMARTER

Practise concise answers: five minutes rewards early structure. Use examples from your own experiences rather than memorised healthcare facts.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not over-prepare scripts; UCL explicitly advises thinking on your feet.

Official source basis: UCL Medical School Interviews + 2027 MBBS admissions



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

Interview • format provided to invitees

King's College London

WHAT THE SCHOOL SIGNALS

King's says interviewers assess communication, general social/ethical issues (normally health-related), overall suitability for the programme and how you may contribute to the university.

WHY THIS SCHOOL?

Integrated curriculum; close patient contact; placements across Guy's, King's College and St Thomas' plus district hospitals and 350+ GP practices.

PREP SMARTER

Prepare health/ethical discussion and a credible answer to how you would contribute to King's beyond academics. Connect London's diverse clinical exposure to a genuine learning goal.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not claim a specific MMI station count unless your invitation confirms it.

Official source basis: King's Medicine MBBS + Entry Requirements

UNIVERSITY PROFILE

MMI • latest 6–7 × 8 min

University of Birmingham

WHAT THE SCHOOL SIGNALS

Latest official guidance describes MMIs assessing commitment/insight, communication, evaluating information, empathy, self-insight/reflection, ethical reasoning and data analysis.

WHY THIS SCHOOL?

Clinical placements begin from Year 1, including GP-based Community Based Medicine; Birmingham offers exposure across a large, diverse healthcare region.

PREP SMARTER

Practise role-play and data/calculation thinking as well as discussion stations. Build examples showing reflection, not only experience.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not assume every station is a conversation; the circuit can include

Official source basis: Birmingham Medicine Interviews + Clinical Placements



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

5-station MMI • 8 min each

University of Manchester

WHAT THE SCHOOL SIGNALS

Manchester states five stations, eight minutes each, with no reading/ writing component. It highlights communication, motivation, caring experience, current medical issues and ethical reasoning.

WHY THIS SCHOOL?

Active learning through themed case discussions plus clinical placements; large medical school and broad clinical network.

PREP SMARTER

Speak conversationally. Manchester explicitly prefers spontaneous, well-thought-out answers over coached responses. Reflect on emotional as well as factual learning from caring experience.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not force four-principles ethics jargon into every answer. Manchester specifically warns against this.

Official source basis: Manchester Medicine Interviews + MBChB course

UNIVERSITY PROFILE

MMI + numeracy test

University of Leicester

WHAT THE SCHOOL SIGNALS

Leicester's admissions page confirms MMIs and a numeracy test; current candidate information distinguishes in-person UK and online international interviews for the latest cycle.

WHY THIS SCHOOL?

Integrated interdisciplinary science in Phase 1 plus community attachments that show the social and psychological context of medicine.

PREP SMARTER

Include numeracy/data confidence in your preparation. For "Why Leicester?", connect integrated learning and community attachments to how you learn best.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not prepare only verbal stations and ignore the numeracy component.

Official source basis: Leicester 2027 A100 + Applying + Interview information



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

MMI • home applicants

University of Sheffield

WHAT THE SCHOOL SIGNALS

Sheffield's latest published admissions material uses MMIs for home applicants. Recent guidance describes themes including Sheffield knowledge, wider medicine, Good Medical Practice, values, communication, ethics and information processing.

WHY THIS SCHOOL?

Early patient contact and GP placements; clinical skills facilities; community/social-accountability opportunities; curriculum transition for 2027 entrants from Year 3.

PREP SMARTER

Research Sheffield itself and its course, not just generic medicine. Prepare to discuss Good Medical Practice and information processing as well as ethics.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not ignore the planned curriculum changes affecting 2027 entrants in later years.

Official source basis: Sheffield Medicine Admissions + 2027 course + new curriculum

UNIVERSITY PROFILE

Selection day • interview + group task

University of Southampton

WHAT THE SCHOOL SIGNALS

Southampton ranks eligible applicants by UCAT for selection day. Its official page says selection includes an interview and group task and assesses motivation/resilience, reflection, communication, interaction with others and NHS Constitution values.

WHY THIS SCHOOL?

Integrated applied-knowledge teaching, clinical experience throughout, substantial placements from Year 3 and a final assistantship preparing for practice.

PREP SMARTER

Practise group behaviour: contribute, listen, build on others and avoid dominating. Prepare reflective examples and NHS-values application.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not treat the selection day as only an individual interview.

Official source basis: Southampton BM5 course + Selection Day information



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

Structured 6-station interview • latest cycle remote

University of Bristol

WHAT THE SCHOOL SIGNALS

Bristol's latest published Medicine interview page describes a ~30-minute structured interview with six stations. Applicants are asked to read GMC Achieving Good Medical Practice before interview.

WHY THIS SCHOOL?

Early clinical exposure; case-based learning; integrated science/clinical learning; broad clinical academies and student-choice opportunities.

PREP SMARTER

Read the current GMC student professionalism guidance Bristol points applicants to. Link Bristol's case-based learning or early exposure to evidence about how you learn.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not assume the 2026 remote format will automatically apply to 2027; check the current invitation.

Official source basis: Bristol 2027 Medicine + Medicine Interviews

UNIVERSITY PROFILE

MMI • home applicants

Newcastle University

WHAT THE SCHOOL SIGNALS

Newcastle's official page describes seven stations for home applicants, assessing integrity, communication, empathy/self-awareness, motivation, programme compatibility, teamwork, organisation, persistence and resilience; one station includes role-play.

WHY THIS SCHOOL?

Research Newcastle's MBBS structure and clinical exposure, then connect "programme compatibility" to concrete reasons you fit the course rather than city preference alone.

PREP SMARTER

Prepare evidence for resilience and organisation as well as ethics/communication. Role-play practice matters because one station is explicitly included.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not reduce Newcastle preparation to UCAT and generic ethics; its p

Official source basis: Newcastle Apply to Medicine



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

MMI • 2027 home interviews in person

University of Leeds

WHAT THE SCHOOL SIGNALS

Leeds confirms face-to-face MBChB interviews on 4–6 January 2027 for home applicants, online for overseas applicants, using an MMI to assess non-academic qualities. Post-interview offers depend entirely on interview performance.

WHY THIS SCHOOL?

Explore Leeds' course design, clinical learning and the opportunities offered by a large teaching/ research environment; connect any feature to your own preferred way of learning.

PREP SMARTER

Treat interview preparation as decisive because Leeds states the offer decision after interview depends entirely on interview performance.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not rely on strong grades/UCAT to "carry" a weaker interview after you reach this stage.

Official source basis: Leeds 2027 Medicine and Surgery + MMI information

UNIVERSITY PROFILE

MMI • 2027 home in person, international online

University of Liverpool

WHAT THE SCHOOL SIGNALS

Liverpool says it expects face-to-face MMIs for home applicants and online MMIs for international applicants for E2027, aligned with Values Based Recruitment.

WHY THIS SCHOOL?

Research Liverpool's curriculum, clinical partner network and the communities served across Merseyside. Build "Why Liverpool?" around educational fit and patient/community exposure.

PREP SMARTER

Use NHS values and professional behaviours as a lens because Liverpool explicitly frames selection around Values Based Recruitment.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not present previous-cycle timings as guaranteed; Liverpool says 2

Official source basis: Liverpool Admissions Process



UNIVERSITY-SPECIFIC

Two schools. Different preparation.

Latest official information available at publication. Always check your invitation because formats can change.

UNIVERSITY PROFILE

Assessment half-day / MMIs

University of Edinburgh

WHAT THE SCHOOL SIGNALS

Edinburgh's 2027 materials say top-scoring applicants are invited to an Assessment Day, normally in person for UK/Ireland domiciled applicants, with overseas virtual options likely. Assessment Day contributes 50% of final selection score.

WHY THIS SCHOOL?

Six-year MBChB with a strong academic/scientific environment. Explore Edinburgh's research opportunities, student-selected components and the professional growth offered by a six-year programme.

PREP SMARTER

Prepare for a broader assessment-day mindset, not just a single station. Use Medical Schools Council core attributes and your own career-exploration evidence.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not quote old "Edinburgh does not interview school leavers" information; the current 2027 process includes Assessment Days.

Official source basis: Edinburgh 2027 Medicine booklet + Selection process

UNIVERSITY PROFILE

MMI • 2027 home in person

Cardiff University

WHAT THE SCHOOL SIGNALS

Cardiff's current admissions information says 2027 interviews are MMIs, in person for home applicants and online for overseas. Themes generally include Cardiff/course knowledge, ethics, medicine career understanding, NHS, teamwork, self-directed learning, motivation, empathy, resilience and communication.

WHY THIS SCHOOL?

Research Cardiff's C21-style integrated course and clinical learning across Wales; think about how studying in Wales and serving varied communities connects to your interests.

PREP SMARTER

Prepare a genuine "Why Cardiff?" response because course knowledge is explicitly among commonly asked themes.

MAKE IT YOURS

Which feature genuinely appeals to you? What experience supports that interest? What would you contribute?

Societies: only name a current SU society/opportunity if it links to a real existing interest; verify the current directory first.

WATCH OUT: Do not treat Welsh/NHS context as decorative; understand why locatic

Official source basis: Cardiff Medicine course + 2027 admissions information



UNIVERSITY-SPECIFIC

One principle to keep: research → connect → evidence.

UNIVERSITY PROFILE 15

30-min online interview • 2 panels

University of Glasgow

WHAT THE SCHOOL SIGNALS

Glasgow confirms 2027 interviews online. The 30-minute session has two sections: Panel A explores motivation, teamwork and related topics; Panel B focuses on communication and an ethical scenario chosen from two options.

WHY THIS SCHOOL?

Research Glasgow's medical curriculum and clinical learning across a large West of Scotland healthcare environment; connect course features to your learning preferences and interests.

PREP SMARTER

Practise making an ethical choice after brief reading, then discussing it conversationally. Prepare motivation and teamwork examples with real reflection.

MAKE IT YOURS

Course feature → why it appeals → personal evidence → future connection.

Only name societies after checking the current Glasgow Students' Union / medical student listings.

WATCH OUT: Do not prepare only "MMI stations"; Glasgow publishes a two-panel conversational format for 2027.

Official source basis: Glasgow MBChB Interviews 2027

APPLYING SOMEWHERE WE HAVEN'T COVERED?

Your preparation should reflect your four choices.

Interview formats, priorities and preparation strategies vary across UK medical schools. These 15 profiles are a strong starting point; they are not a substitute for checking each school's current guidance.

Medily members can access university-specific preparation across a wider range of UK medical schools, including tailored guidance and practice designed around the universities they are applying to.

EXPLORE UNIVERSITY-SPECIFIC PREPARATION • medily.co



SECTION 04

Your next steps.

Turn the guide into a weekly practice system, then move from generic technique to the format and feedback you actually need.



MEDILY APPROACH

Learn the principle. Practise it aloud. Then tailor it to the university in front of you.

YOUR PLAN

Know what to do next.

Preparation should become more specific as you move from application season into interview season.

FOUNDATION	**Now:** understand ethics, NHS values, professionalism and what strong reflection sounds like.
STRUCTURE	Build flexible frameworks for motivation, ethics, communication, teamwork and unexpected questions.
PRACTISE	Answer aloud. Aim for clarity and reasoning before speed or polish.
REFINE	Track recurring weaknesses: vague conclusions, weak examples, overlong context, missed perspectives.
PERSONALISE	For each chosen university, research its current interview guidance, curriculum and the features that genuinely fit you.
SIMULATE	Once interviews arrive, practise in the closest realistic format you can: timing, role-play, follow-ups and pressure.

WEEKLY PRACTICE RULE

Three focused sessions beat one long cram: knowledge refresh → 2–3 stations aloud → feedback → repeat one station.

YOUR EVIDENCE BANK

Keep short examples for teamwork, conflict, resilience, communication, responsibility, failure, learning and caring experience. Do not script them.

When the invitation arrives: stop treating "MMI" as one universal format. Read the invitation carefully and change your practice to match what that medical school actually tells you.

READY TO SIMULATE THE REAL THING?

Move from practising alone to realistic university-specific mock MMI sessions with medical-student

LIVE MOCK MMIs



NEXT STEP

Learn. Improve. Practise. Experience.

The free guide gives you a foundation. Medily is designed to take you from knowing what matters to practising it for the universities you are actually applying to.

PILLAR 01 • LEARN

Expert-written resources.

Medical Ethics · Medical Case Studies · MMI Station Techniques · NHS Constitution · NHS Hot Topics · Interview Tips.

PILLAR 02 • IMPROVE

Technique that transfers.

Learn to structure answers, buy time, recover when your mind goes blank and handle difficult questions.

PILLAR 03 • PRACTISE

Maya.

Complete university-specific MMI stations and

PILLAR 04 • EXPERIENCE

Live university-specific mock MMIs.



Learn with focused resources. Practise with Maya. Experience realistic university-specific live mock MMIs.

CONTINUE YOUR PREPARATION

NEXT: THE FULL MEDILY PREPARATION PATHWAY

The final page brings together resources, Maya, live mock MMI dates and one clear next step.

SOURCES & NOTES

Built on current guidance. Check again before interview.

Key first-party sources used to verify time-sensitive NHS and university interview information. Accessed 3 September 2026.

NHS / HEALTHCARE

NHS England - NHS values and Constitution materials; elective waiting-list update (14 May 2026); Modern General Practice; Core20PLUS5.

GOV.UK / DHSC - Fit for the Future: 10 Year Health Plan for England; Martha's Rule extended to all maternity services (24 June 2026).

UNIVERSITIES

Imperial College London - Medicine MBBS/BSc 2027; Faculty of Medicine admissions/MMI pages.

UCL - Medical School Interviews; Selection & Interviews; MBBS Admissions 2027.

King's College London - Medicine MBBS; Entry Requirements; Teaching & Modules.

University of Birmingham - Medicine Interviews; Medicine & Surgery MBChB; Clinical Placements.

University of Manchester - Medicine Interviews; MBChB course.

University of Leicester - A100 2027 entry requirements; Applying to Leicester Medical School; Medicine interview information.

University of Sheffield - Medicine Admissions; 2027 MBChB course; New Medicine Curriculum.

University of Southampton - Medicine BM5/BMBS course and selection-day information.

University of Bristol - 2027 MB ChB Medicine; Medicine and Gateway to Medicine interviews.

Newcastle University - Apply to Medicine.

University of Leeds - Medicine and Surgery MBChB 2027; School of Medicine MMI information.

University of Liverpool - School of Medicine Admissions Process (E2027).

University of Edinburgh - 2027 Applying for Medicine booklet; Selection process; MBChB programme.

Cardiff University - Medicine MBBCh; Admissions information for studying Medicine at Cardiff.

University of Glasgow - MBChB Interviews, 2027 entry.

Publication note: medicine interview arrangements can change after this guide is published. Applicants should treat their own interview invitation and the medical school's latest official admissions pages as definitive.

Educational preparation only. This guide does not provide medical or legal advice and does not guarantee a particular interview format, question or admissions outcome.



Ready to turn preparation into performance?

RESOURCES FROM
£6.70 / WEEK
Focused interview preparation

Everything you need to learn, practise and experience your medical school interview preparation in one place.

LEARN

MEDILY INTERVIEW RESOURCES

Focused guides covering Medical Ethics, Medical Case Studies, Station Techniques, NHS Constitution, NHS Hot Topics, Interview Tips and university-specific preparation.

PRACTISE

MEET MAYA

Practise university-specific MMI stations, receive structured feedback, identify strengths and areas to improve, and learn from an optimised answer where supported.

EXPERIENCE

LIVE MOCK MMIs

Live online practice with medical-student interviewers, realistic station timing, university-specific materials and personalised feedback.

UPCOMING LIVE MOCK MMIs

Choose a session that fits your interview timeline. Availability shown below reflects the supplied schedule.

OCTOBER	NOVEMBER	DECEMBER
Sun 11 Oct - 9am-1pm	Sat 7 Nov - 9am-1pm	Sat 5 Dec - 9am-1pm
Sat 17 Oct - 9am-1pm	Sat 14 Nov - 9am-1pm	Sat 12 Dec - 9am-1pm
Sat 24 Oct - 9am-1pm	Sat 21 Nov - 9am-1pm	Sat 19 Dec - 9am-1pm
Sat 31 Oct - 9am-1pm	Sat 28 Nov - 9am-1pm	Sun 20 Dec - 9am-1pm
		Sun 27 Dec - 9am-1pm

Seats available | Limited seats | Fully booked

YOUR LIVE MOCK INCLUDES

University-specific station preparation | Live interview practice | Medical-student interviewers
Realistic timing | Personalised feedback | Structured learning points

START PREPARING WITH MEDILY - www.medily.co

Learn with Medily resources. Practise with Maya. Experience realistic live mock MMIs.

Medily is an independent preparation platform and is not affiliated with any university.