



RMGS News



Important Dates:

18th May-
Drama Workshop –
Year 10 & 12

18th May -
Symposium –
Regional Heats

20th May -
Art/Science Trip –
ABFL
Year 12 Law -
Clifford Chance
Trip

21st May-
Art/Science Trip –
NPRS
Symposium –
Regional Heats

Headteacher's Message

Well done to Years 11 and 13 for embracing the start of the examination season so positively. It has been an encouraging start, with students rising to the challenge and approaching their exams with maturity and determination.

Thank you to our entire school community for adapting so smoothly to the new lunch arrangements. It has been wonderful to see our Year 11 students making full use of the silent study spaces and the pre-exam support sessions that have been provided.

A huge thank you also to Year 8 parents, carers, and students who attended Parents' Evening yesterday. It was a valuable opportunity to meet, discuss students' progress, and celebrate their achievements. We are thoroughly enjoying returning to face-to-face Parents' Evenings, as they provide another important opportunity for families to visit the school and strengthen our partnership together.

One particularly pleasing moment from the evening was watching a Year 8 student proudly show her mum the special mention she had received. It is always a privilege to celebrate the achievements and successes of our students.

We would also like to shine a spotlight on Myles B in Year 7 for his fantastic achievement in playing in the Selkent U12 A League this season. Myles and his team won The Bob Staggs Memorial Shield Final against Dynamo Youth at the London Marathon Ground. The match went to a dramatic penalty shootout, with Myles' team securing the victory. Well done to Myles for demonstrating the importance of perseverance and aspiration. We are incredibly proud of his achievements.

Thank you to all of Year 7 for taking part in the Mental Health Week dog walk with Herbie, our school dog, and Herbie's friend, Beatrix. It was lovely to spend time walking with our students and hearing them laughing and chatting together. It was especially pleasing to see several students who are not usually comfortable around dogs step outside of their comfort zones to stroke and spend time with Herbie and Beatrix.

Walking, spending time outdoors, socialising with others, and enjoying time with pets can all play a significant role in supporting young people's mental health and wellbeing. We encourage all our students to spend some time outdoors this weekend and enjoy the benefits that fresh air and exercise can bring.

We wish you all an enjoyable weekend and look forward to welcoming our whole school community back on Monday.

Yours sincerely,

Mrs A Hart

Headteacher



RMGS News

Mental Health Awareness Week

RMGS have been actively supporting and raising awareness of #mentalhealthawarenessweek this week with a range of programmed activities across the school.

The week kicked off with a big wellbeing walk for Mrs Hart and all of year 7 along with our dog pals Herbie and Beatrix!

This week we've seen some students set up Green Activities during lunch time which involved creating these beautiful flowers and badges! These brought so much joy to the students - what a simple yet effective way to bring colour to our every day 🌸 🌷

Thank you to all those students and staff who have been involved in supporting #mentalhealthawarenessweek 🙏

#mentalhealthawareness #greenactivities





RMGS News

UKMT Junior Maths Challenge

On 29th April 2026, **110 students in years 7 to 8** took part in the UKMT Junior Maths Challenge.

The Junior Challenge is a 60 minute, 25 multiple choice exam, it encourages mathematical reasoning, precision of thought and fluency to make students think.

The problems on the Junior Mathematical Challenge are accessible yet still challenge those with more experience.

This year we have 13 Gold certificates of which 8 students have made it through to the next round of the challenge, 23 Silver and 29 Bronze. Reward points have been put on Arbor and students have been emailed with their scores. Congratulations to all those that took part.



Well done to Kate M in Year 10 for winning the JPL Cup with Brighton.

As the football season comes to an end last Saturday was the final of the Junior Premier League cup, a national competition held at Loughborough University's stadium. For the U16 girls it was Brighton & Hove Albion FC who Kate (Y10) plays for versus Liverpool FC. After an early goal, Brighton went into half time 1-0 ahead.

A tense second half followed with both teams attacking and defending relentlessly with Kate making several clearances. But, it was Brighton's grit and resilience that got them the win when the final whistle blew and the celebrations started as national champions !!!

How to help at home with ...

Supporting your child during exam season

During stress, simple things are often forgotten.
Helpful support includes:
 Easy snacks and drinks nearby
 Encouraging breaks and movement
 Reducing unnecessary pressure at home where possible

1

Phones and gaming can become arguments during exam season.
Instead of banning everything:
 Agree sensible study times
 Encourage planned downtime

2

Celebrate Effort Along the Way
Notice:
 Attending revision sessions
 Completing practice papers
 Persevering after a difficult exam

3

- ✓ Doing your best is enough
- ✓ Progress matters more than perfection
- ✓ Exams are important, but they do not define your worth
- ✓ Looking after yourself helps you perform better

4

Small encouragement helps build resilience.

5



RMGS News

Year 7

Myles' team (Next Level) played in the Selkent U12 A league this season and this weekend won the The Bob Staggs Memorial Shield Final against Dynamo Youth at the London Marathon Ground. After a hard fought final it ended 0-0 but Next Level won a tense penalty shootout to clinch the win.



YEAR 7 TOP STUDENTS FOR R-POINTS LAST WEEK

Monday, 4th May - Friday, 8th May

EVANGELINE R- 7L- 48

MAHDI A- 7N- 46

EMILIA C- 7S- 7

**WELL DONE TO 7S FOR THE HIGHEST
ATTENDANCE FOR LAST WEEK!**



RMGS News

LET'S GET ACTIVE

Supporting active, healthier lives

SIX FREE

2026

DANCE SESSIONS

FOR WOMEN & GIRLS
AGED 12 AND UP

DANCE FUN!

ABSOLUTELY FREE!



AT FEATHERBY
INFANT SCHOOL HALL

ME8 6PD

TUESDAYS 5:00 PM – 5:45 PM

DATES:

12th MAY 2026

19th MAY 2026

9th JUNE 2026

16th JUNE 2026

FRIDAYS 5:00 PM – 5:45 PM

DATES:

5th JUNE 2026

26th JUNE 2026



COME ALONG,
HAVE FUN,
FEEL AMAZING!

JUST BRING YOURSELF,
A WATER BOTTLE, AND A SMILE!





RMGS News



**Medway
Safeguarding
Children Partnership**
Safeguarding Medway's
children together



Child Safety Week 2026

Monday 1st – Sunday 7th June

Medway Safeguarding Children Partnership are hosting virtual events on Microsoft Teams during Child Safety Week to help improve the knowledge and build the confidence of professionals to manage risks to babies and children.

These webinars are for all professionals working with families in Medway and will be led by a range of local agencies.

Monday 1st June 2026, 10 -11am

Sepsis awareness – Not just for Health Professionals

Tuesday 2nd June 2026, 10am – 1 pm

Where does baby sleep?

Up to date safety messages for all professionals and care givers

Wednesday 3rd June 2026, 1-2pm

Safeguarding children obesity framework

Thursday 4th June 2026, 1-2pm

**Fire safety for families
with Kent Fire and Rescue Service**

Friday 5th June 2026, 10am – 11am

Safeguarding children obesity framework

For queries, please contact:
mscptraining@medway.gov.uk

[To register click the link here](#)



[MSCP YouTube](#)

#childsafetyweek

For a second year the MSCP and partnership agencies are hosting a range of interesting topics including Sepsis, Safer sleep, Obesity and Fire safety. The PDF flyer below can be shared and the link to register is here [To register click the link here](#)

If you have any queries please contact mscptraining@medway.gov.uk



RMGS News



**Book early to avoid
disappointment!
This event is FREE!**

ANVIL Carnival 2026
(Procession and Summer Festival)

Following the Carnival procession, **celebrating myths and legends** from around the world and our school community, there will be numerous **stalls offering a range of food, drink, crafts, and goods.** There will also be stalls, games, and activities run by our students, music, and entertainment. **Although some stalls will accept card payment, it would be advisable to bring cash.**

Monday 13th July
12:00 - 16:00

**2 x tickets available per student,
under 5's will not require a ticket**



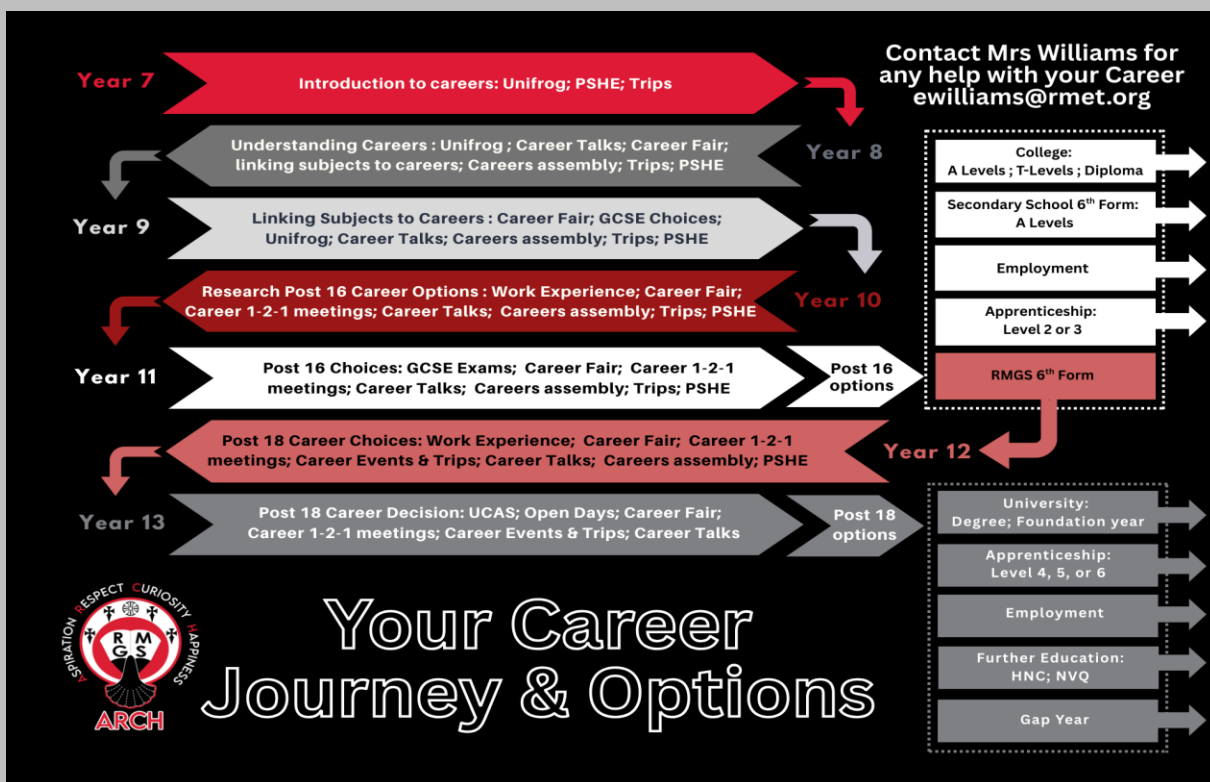
Free Event

Order your tickets below through Eventbrite:

<https://www.eventbrite.co.uk/e/1988068631795?aff=oddtcreator>



CAREERS CORNER



Your Career Journey & Options

Love Computing?

Where can it lead you?

Post-16

Courses:

- A-Level Computer Science
- T-Level Digital
- Level 1-2 Computing & IT

Apprenticeships:

- Digital Support Technician
- Cyber Security Technician

Post-18

Courses:

- BSc (Hons) Computer Science
- BSc (Hons) Creative Computing
- BSc (Hons) Cyber Security

Apprenticeships:

- Software Developer
- Digital & Tech Solutions

Future Careers

- App Developer
- Audio Visual Technician
- Forensic Computer Analyst
- Software Developer
- IT Support Technician
- Web Developer
- Automotive Engineer
- Cyber Intelligence Officer

This subject links to regional growth job sectors in:

- Digital & IT
- Transport
- Renewable Energy



CAREERS CORNER

Spot Light on....Computing

Is your child interested in Computing?

This week we shine the light on Computing and share just some of the career pathways AND Post 16 and 18 options that are out there.

Whether it's a Apprenticeships, College course or Further Education...[click here to find out](#) heaps more where a passion for Computing can take you

Summer Opportunities

Futures for All has just launched their Summer Schedule Planner – a live document showcasing what's on throughout the summer term. [Click here](#)

https://www.canva.com/design/DAG6WhtDCr8/3RBilm87tcDxjGXHiGa65g/view?utm_content=DAG6WhtDCr8&utm_campaign=designshare&utm_medium=link2&utm_source=uniqueLinks&utlId=he0510f7bc7



unifrog

Unifrog Roll out for Year 7 and 8 students

All Year 7 and 8 Parents/Guardians have now received an email detailing the roll out of our online Careers Platform Unifrog.

Unifrog is an online platform that supports secondary schools to deliver their statutory duty to provide students aged 4 to 18 with impartial and independent guidance on the full range of post-school career options. It helps students from Year 7 start to explore interests, subjects, pathways early so that they have a deeper awareness and understanding of all the post-school opportunities available.

What's next?

- Over the coming weeks your child will have time set aside in their Computing lesson to log on and start exploring the platform
- Please feel free to watch this short video which details a little more about Unifrog <https://cdn.unifrog.org/video/45v2970bm9/720.mp4>
- Please feel free to sign up to Unifrog yourself ONCE your child has completed their Unifrog session at school so that you can also access the resources and receive weekly summary emails
- Please also feel free to get in touch with our Careers Adviser ewilliams@rmet.org with any questions

May 2026 Higher and Degree Apprenticeship vacancies

The latest Higher and Degree Apprenticeship opportunities is now live for Year 13 students : [click here https://www.amazingapprenticeships.com/wp-content/uploads/2026/04/April-HD-Listing-2026-MASTER.pdf](https://www.amazingapprenticeships.com/wp-content/uploads/2026/04/April-HD-Listing-2026-MASTER.pdf)



CAREERS CORNER

Bioscience Work FREE Experience Week: 24 - 28 August

This week offers a wonderful opportunity for budding scientists to spend a week carrying out their own mini research project in our undergraduate teaching laboratory. In addition to this, students will be given the opportunity to compete in an agar art competition, listen in on research talks, and produce their own research poster. This opportunity is available to Y12/Y13 students from schools and colleges within Kent studying science. Considering there are limited places available, applicants who meet the university's widening participation criteria will be prioritised. [Click here](#)

https://data.heat.ac.uk/event/apply/university-of-kent/bioscience-work-experience-week-2026?utm_medium=email&utm_term=N%2FA&utm_source=email&utm_content=Schools%20%26%20Colleges%20-%202026%2F27%20-%20April%20Newsletter%20for%20All%20Schools%20%26%20Colleges%20Copy&utm_campaign=Schools%20%26%20Colleges%20-%20Newsletter%20-%20April%202026#msdynmkt_trackingcontext=fa075af0-e9d3-4cbd-a79e-6fe659510200

Parents / Guardians of Year 11 students

If your student would like a Careers 1-2-1 meeting with our in house Careers Adviser Mrs Williams before or after the finish Year 11 then please email ewilliams@rmet.org

Career Support for SEND students

For Students with Special Educational Needs and Disabilities (SEND) RMGS have a range of support and resources in place to help support and guide them on their career pathway. We help SEND young people with things like; making choices about the future, getting into further education, getting into training, getting into work, finding out about appropriate support and funding for education/training and signposting and referrals to other agencies, where appropriate. To find out more including information on Supported Internships for students with an EHCP please click here :

<https://www.rainhammark.com/page/?title=Career+Support+for+young+people+with+SEND&pid=427>

Careers Facebook Group

Keep in the loop with all the latest Career Opportunities via our Private Careers Facebook Group "RMGS Careers"

<https://www.facebook.com/groups/25615966937989346/>

Intrigued by a Job but want to find out more about it for your child?

Use this to explore a wide range of job profiles for your child. Each job is presented as a short video so you can explore a little about each job. The videos give you a quick insight and overview but we encourage you to find out more! Speak to Mrs Williams for support on where to find more information.

<https://www.mypathcareersuk.com/a-z-of-jobs>

Career Support is available for ALL students in ALL years

- ALL students can book a Career 1-2-1 meeting by emailing ewilliams@rmet.org
- Resources can be found on our website for parents/carers & students : <https://www.rainhammark.com/page/?title=Careers&pid=223>
- What can my child do post 16? <https://www.rainhammark.com/page/?title=Post+16+Choices&pid=386>
- What can my child do Post 18? <https://www.rainhammark.com/page/?title=Post+18+Career+choices+%2D+what+to+do%3F&pid=375>
- Why is it so important for me to know about Labour Market Information? Understanding Labour Market Information (LMI) helps our students be aware of where different job roles are needed in different regions and which types of jobs may need more people in the future. This can help shape or influence career pathways and choices : <https://www.rainhammark.com/page/?title=Labour+Market+Information&pid=370>
- The Career Teams page enables all students to keep up to date with news and opportunities



CAREERS CORNER



Career provision at Rainham Mark Grammar School

All students:

- Start to have access to Unifrog from Year 7 - 13.
- Embedded Careers Programme across all Years
- Access to Career 1-2-1 meetings with our Careers Adviser
- Access to Career Resources and updates via Website, After School Career Surgeries, Careers office, Careers Teams page, Lessons, Form Time and Assemblies
- Opportunity to become a Career Champion for their year
- Have one subject and one PSHE lesson per term which is Career specific.
- Opportunity to input into Career provision via annual audit
- Career Fair in January run until 4pm for all students
- Work Experience in Year 10 and 12
- Enrichment week in July with focus on careers
- School Wide designated Career Week in November
- Access to a programme of Talks after-school delivered by Businesses and Organisations on their Career Pathways and Industries.
- At least one Assembly from an Apprenticeship provider
- All SEND students offered priority careers 1-2-1 meetings with Mrs Williams

www.rainhammark.com



Post 16 Career Choices - know your Levels

Level 3:

A Levels * BTEC Diploma * NVQ Level 3 * Advanced Apprenticeship

Level 4:

Year 1 University or * Certificate in Higher Education * Higher National Certificate * NVQ Level 4 * Higher Apprenticeship

Level 5:

Year 2 University or * Diploma in Higher Education * Foundation Degree * NVQ Level 5 * Higher Apprenticeship

Level 6:

Year 3 University or * Degree Apprenticeship * Degree with or without Honours * NVQ Level 6

Level 7:

Masters Level * Masters Degree * NVQ Level 6 * Degree Apprenticeship

www.rainhammark.com

Latest Career Opportunities

There have been some wonderful career opportunities this week – so please go and check these out by visiting our website :

<https://www.rainhammark.com/page/?title=Latest+Career+Opportunities&pid=369&action=saved>

Career Programme

Find out what Career Events we are planning this year via our Live Careers Calendar :

<https://www.rainhammark.com/page/?title=Our+Careers+Provision+KS3%2C+KS4+%26amp%3B+KS5&pid=371>

Apprenticeships – information you need to know

If your child is interested or looking to apply for a Apprenticeship after their GCSE's or A Levels then this is for them. To help them we have put together a range of useful resources that they can use – including search platforms; CV help; Tracking template.

<https://www.rainhammark.com/page/?title=Post+18+Career+choices+%2D+what+to+do%3F&pid=375&action=saved>



CAN YOU HELP?

Can you - or anyone you know - support our Careers Programme please?

We are passionate about providing a robust and fulfilling career programme to ALL students. Whether it's a Talk, Career Fair, Work Experience or workshop...if you can help support in any way we'd love to hear from you. Whether you are a sole trader, small business, large business or retired... your experiences might help shape our youngsters.

Please contact me for a chat or more information :

ewilliams@rmet.org

Linking subjects to careers : How does my child's subject link to a career?

It's important for students to recognise the link between the subject they are studying and potential career pathways. Each week we will feature a specific subject and show how this links to a career pathway. In addition this tool can be useful for students who aren't sure what the subjects they study at school or college have to do with work and their career OR those that really enjoy a subject but wonder if there will be any future use for it in the workplace? <https://yourskillsmap.com/>



RMGS News



**Lunchtime – Fridays -
Fitness– All – Fitness
Suite**

**Lunchtime– Fridays –
All –
Debate Club**

Before School Clubs

8.35 - 8.55		
Tuesday - 8.35- 8.55am		Year 7 Band Programme
Tuesday - 8.35- 8.55am		Year 9 German Dual Linguists
Thursday – 8.35 - 8.55am		Year 9 French Dual Linguists
Thursday – 8.35 - 8.55 am		Year 9, 10 & 11 Spanish Dual Linguists
Friday - 8.35 - 8.55am		String Group – Selected Students
Friday – 7.30am		Basketball Squad



RMGS News

Monday	Tuesday	Wednesday
Lunchtime Clubs		
Computing Club All - D1		
Maths Clinic All - HY		
Bio Clinic 6 th Form - Q1	Art Club KS4 & KS5 - R2	Business/Economics Support KS5 - J1
Christian Union All - A3	Creative iMedia Club Yr10 & Yr11 – D1	Chemistry Clinic Yr12 & Yr13 – M6
Crochet & Knitting All - L2	Engineering Society N5	Chess/Puzzle Club All – HZ
DT NEA Clinic All - N5	F1 in Schools Team Members – N5	Choir All – Recital Hall
Law Society L1	Geography Clinic All – D6	The Mark All – L6
Music Tech Club All - E2	Horribly Horrible History Club KS3 – F6	DT NEA Clinic Yr10-Yr13 – N5
String Group All - Recital Hall	LAMDA Yr7 & Yr8 – R3	Eco Club All – D2
Trombone Choir All - E1	MedSoc 6 th Form – Q1	LAMDA Yr7 & Yr8 – R3
KS4 Book Club Yr10 & Yr11 - R4	Philosophy Club Yr7 & Yr8 – H5	Scrabble Club All – L3
LAMDA Yr9 & Yr10 - R3	French Club – KS5	Music Support Session All – E2
	Wind Band All – Recital Hall	Psychology Support Week 2 Yr13 – G2
	Tech Tuesday – Young Technicians All -	RMGS Girls Right Society All – R2
Afterschool Clubs		
National Theatre Connections KS4&5 – A3 - 3.15-4.15pm	LAMDA Yr 7&8 - R3	Arts Award Club All – A2 - 3.15-4.15pm
Jam Club All – Music Block - 3.10-4.10pm		GCSE Art Intervention Yr10&11 - 3.15-4.15pm
LAMDA Yr9&10 – R3		GCSE Astronomy Yr9,10&11 – M7 - 3.15-4.15pm
Italian Club All – 3.15-3.45pm		GCSE English Intervention
Science KS3 – 3.05		LAMDA Yr7&8 – R3
		Shakespeare Schools Festival KS3 – A3
		Tabletop Gaming Club All – R3 - 3.05-4.05pm



RMGS News

Thursday	Friday
Lunchtime Clubs	
Computing Club All - D1	
Maths Clinic All - HY	
Book Club KS3 – R4	Bohemian Society All – E1
Brass Group All – Recital Hall	Carnival Club All – R2
Computer Science KS4 & KS5 – D5	Debate Club All – L2
Origami Club All – N1	Diversity Team All – C4
Quantum Physics Yr7-11 – M9	DT NEA Clinic Yr10-Y13 – N5
Ukulele Club All – E1	German 6 th Form – B2
	Symposium Club All – R2
Afterschool Clubs	
Big Band All – Recital Hall - 3.10-4.10pm	
Sociology Club Yr13 Week2 – G2 - 3.10-4.10pm	



Every day after school 3.05pm - 4pm



RMGS News

RMGS PHYSICAL EDUCATION EXTRA-CURRICULAR

TIMETABLE

TERM 5&6



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 7:30 – 8:15		Netball Club Y7 <i>(invite only)</i> JSH		SQUAD CRICKET NETS Y7/8/9/10 <i>(invite only)</i> CON	BASKETBALL CLUB Y7 / 8 / 9 SQUADS <i>(invite only)</i> GRA
BREAK 10:55 – 11:15	BASKETBALL CLUB Y7 / 8 <i>(sports hall)</i> GRA	BASKETBALL CLUB Y7 / 8 <i>(sports hall)</i> JSH	BASKETBALL CLUB Y7 / 8 <i>(sports hall)</i> ALO	BASKETBALL CLUB Y9 / 10 / 11 / 6 TH <i>(sports hall)</i> CON	BASKETBALL CLUB Y9 / 10 / 11 / 6 TH <i>(sports hall)</i> MAL
LUNCH 1:30 – 2:00	BASKETBALL CLUB ALL YEARS <i>(sports hall)</i> GRA FITNESS CLUB ALL YEARS <i>(Fitness Suite)</i> JWI	VOLLEYBALL CLUB ALL YEARS <i>(sports hall)</i> MAL	CRICKET CLUB Y7/8/9 <i>(sports hall)</i> CON FITNESS CLUB ALL YEARS <i>(Fitness Suite)</i> JSH	BASKETBALL CLUB ALL YEARS <i>(sports hall)</i> GRA	BADMINTON CLUB Y7-10 <i>(sports hall)</i> JWI FITNESS CLUB ALL YEARS <i>(Fitness Suite)</i> ALO
AFTER SCHOOL 3:05 – 4:30	GOLF CLUB Y7 & Y8 GRA CRICKET CLUB Y7/8/9/10 <i>(sports hall & Field)</i> CON/JSH	ATHLETICS CLUB ALL YEARS GRA/JWI/ALO DUKE OF EDINBURGH FITNESS CLUB <i>(Fitness Suite)</i> MAL	ATHLETICS CLUB ALL YEARS JSH/GRA/JWI/ALO	ROUNDERS CLUB ALL YEARS JWI/MAL	STAFF FOOTBALL <i>(sports hall)</i>

If you are attending a lunch club, you can receive a fast-track lunch pass from the PE department. Please bring your planner to the PE office at break to be signed.

Any questions please ask a member of the PE Department.





RMGS News

Term Dates - September 2025 to July 2026

Term 1

Monday 1st September 2025 - Friday 17th October 2025

INSET days: Mon 01/09/25

**Half Term Break : Monday 20th October 2025 – Friday 31st
October 2025**

Term 2

Monday 3rd November 2025 – Friday 19th December 2025

Early finish for students : Friday 19th December

**Christmas Break : Monday 22nd December 2025 – Friday 2nd
January 2026**

Term 3

Tuesday 6th January 2026 – Friday 13th February 2026

INSET days: Mon 05/01/26

**Half Term Break Monday 16th February 2026 – Friday 20th
February 2026**

Term 4

Monday 23rd February 2026 – Thursday 2nd April 2026

Easter Break Friday 3rd April 2026 – Friday 17th April 2026

Term 5

Monday 20th April 2026 – Friday 22nd May 2026

(Bank Holiday Monday 4th May 2026)

INSET days: Mon 20/4/26

**Half Term Break Monday 25th May 2026 – Friday 29th May
2026**

Term 6

Monday 1st June 2026 – Friday 24th July 2026

Early finish for students : Wednesday 22nd July

INSET days: Thurs 23/07/26 & Fri 24/07/26