



# RMGS CANTEEN

## MENU & PRICE LIST



## Breakfast Menu

Bacon Rolls £1.55

French Pastries £1.10

Toast & Butter 80p

Fresh Fruit 80p-£1.10

## Breakfast Hot Drinks

Tea 75p

Coffee 75p

Hot Chocolate £1.00

## Break Menu

### Hot

Bacon Roll £1.55

Sausage Roll £1.55

Battered Chicken Burger £1.65

Beef Burger £1.65

Hot & Spicy Burger £1.85

Quorn Burger £1.60

Pizza Topped Flat Bread £1.55

Pizza Twist £2.25

Hot Dog £1.55

Cheese or Cheese & Ham Ciabatta £1.90

Warm Belgium Waffle £1.00

Vegan Sausage Roll £1.50

### Cold

Selection of Sandwiches, Baguettes & Wraps £1.70 -£2.60

French Pastries £1.10

Bread Roll 80p

Fresh Fruit 80p-£1.10



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN SELECTION</b>	Sausages  Vegan Beef Burger with Salsa Relish	Chicken Tikka Marsala  Vegetarian Korma with Chickpeas & Spinach	Traditional Roast  Mushroom & Tomato Quiche	Spaghetti Bolognese  Spicy Vegan Meat Balls in Tomato & Basil Sauce	Golden Battered Fish  Falafel Wrap
<b>SIDES</b>	Hash Browns  Golden Sweetcorn  Baked Beans	Saffron Coloured Rice Mini Naan Bread  Mixed Salad	Roast Potatoes  Savoy Cabbage  Glazed Carrots	Garlic Slice  Mixed Vegetables  Sliced Green Beans	Chips  Garden Peas  Spaghetti Hoops
<b>DESSERT</b>	Steamed Chocolate Sponge & Chocolate Sauce	Belgium Waffle With Chocolate Sauce & Ice Cream	Apple Crumble & Custard	Butterscotch Mousse	Gateau & Cream

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN SELECTION</b>	Sweet & Sour Chicken  Vegetarian Quorn Chicken Jalfrezi	Biryani Burrito  Vegan Chilli Beef Stack	Traditional Roast  Vegetarian Sausage Toad	Chicken Meat Balls In Tomato & Basil Sauce  One Pot Quorn Sausage Arrabiatta	Breaded Scampi  Vegan Hot Dog
<b>SIDES</b>	Saffron Coloured Rice  Mixed Salad	Potato Puffs Mixed Vegetables  Broccoli Florets	Roast Potatoes  Whole Green Beans  Cauliflower Florets	Pasta Twists  Golden Sweetcorn  Whole Baby Carrots	Chips  Garden Peas  Baked Beans
<b>DESSERT</b>	Apricot Crumble & Custard	Old School Sprinkle Sponge & Cream	Steamed Syrup Sponge & Custard	Apple Turnover	Gateau & Cream

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN SELECTION</b>	Hot Dog Cheese & Onion Lattice	Lasagne Mac 'N' Cheese	Traditional Roast Vegan Dippers	Thai Red Chicken Curry Vegan Thai Green Curry	Golden Battered Cod Bagel Pizza
<b>SIDES</b>	Sauté Potato Spaghetti Hoops Peas & Sweetcorn Mix	Garlic Slice Mixed Salad	Roast Potatoes Mixed Vegetables Broccoli Florets	Fluffy Rice Steamed Green Beans Baby Carrots	Chips Garden Peas Golden Sweetcorn
<b>DESSERT</b>	Creamed Rice Pudding & Chocolate Drops	Home Baked Cookie & Ice Cream	Plum Crumble & Custard	Madeleine Sponge & Custard	Gateau & Cream

## Also available at lunchtimes

Sandwiches Baguettes & Wraps

Salads and jacket potatoes (order at break and collect at lunch)

Pizza & Chicken Dippers (available from the Out Back)

Selection of hot snacks (available from Mega Bytes Hub)

Drinks and cold snacks are served from all outlet

Please note: this menu may change due to unforeseen circumstances.

**Please speak to a member of staff for allergen information.**

Thank you



## PRICE LIST



### Lunch Menu

**Main Meal & Dessert £2.75**

**Main Meal Only £2.50**

**Dessert Only £1.55**

**Friday Meal Deal £2.50**

**Friday Only Chips £1.20 or Seasoned Wedges £1.40 (Main Dining Hall)**

### Monday to Thursday (Main Dining Hall)

**Plain Pasta Pot £1.50**

**Pasta Pot with Topping £2.50**

**Cheese Pot 80p**

**Jacket Potato 1 Topping £2.20/ 2 Toppings £2.60 (Order at Break for Lunchtime Collection)**

### Outback

**Meat Pizza £2.00/ Vegetarian Pizza £1.90**

**Garlic Bread Slice 70p**

**Chicken Dippers/Popcorn Chicken with a Dip £1.75**

**Mozzarella Sticks/Spring Rolls with a Dip £1.75**

### Hub

**Selection of Hot & Cold Snacks (See Break Menu for Prices)**

### Drinks

**Selection of Cold Drinks 50p to £1.50**