

RMGS

PHYSICAL EDUCATION

AQA A Level

Subject content

- 1. Applied anatomy and physiology
- 2. Skill acquisition
- 3. Sport and society
- 4. Exercise physiology
- 5. Biomechanical movement
- 6. Sport psychology
- 7. Sport and society and the role of technology in physical activity and sport

Assessments

1) Paper 1: Factors affecting participation in physical activity and sport

What's assessed

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

How it's assessed

Written exam: 2 hours

105 marks

35% of A-level

Questions

Section A: multiple choice, short answer and extended writing (35 marks)

Section B: multiple choice, short answer and extended writing (35 marks)

Section C: multiple choice, short answer and extended writing (35 marks)

2) Paper 2: Factors affecting optimal performance in physical activity and sport

What's assessed

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

How it's assessed

Written exam: 2 hours (105 marks, 35% of A-level)

Questions

Section A: multiple choice, short answer and extended writing (35 marks)

Section B: multiple choice, short answer and extended writing (35 marks)

Section C: multiple choice, short answer and extended writing (35 marks)

3) Non-exam assessment: Practical performance in physical activity and sport

What's assessed

Students assessed as a **performer or coach** in the full-sided version of one activity from the list of sports / activities on the AQA A-Level PE specification.

How it's assessed

Internal non-exam assessment, external moderation

Written / verbal analysis of performance.

90 marks

30% of A-level

Are there any specific entry requirements?

Students must have achieved a **level 6 overall** in GCSE PE. In addition, they must achieve **level 6** in **both** GCSE PE theory papers and **play regular competitive sport** outside of school to a high standard (good club, district, county or national level).

Why is it a useful qualification?

This is a widely accepted entry qualification course for higher education. It is also a worthwhile course for candidates in terms of general education and lifelong learning.